

# ANTONIO R. VILLARAIGOSA MAYOR

# **EXECUTIVE DIRECTIVE NO. 24**

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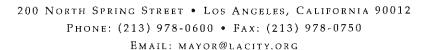
**Subject: Good Food Purchasing Policy** 

# Introduction

The Los Angeles regional foodshed, which we define as spanning the 200 mile, ten county region around the City (Imperial, Kern, Los Angeles, Orange, Riverside, San Bernardino, San Diego, San Luis Obispo, Santa Barbara, and Ventura), is among our country's largest producers of fruits, vegetables, and nuts. At the same time, only about half of Los Angeles County residents eat the recommended five servings of fruits and vegetables per day. We face an obesity pandemic—which costs LA County billions of dollars annually in heath care costs—and yet a hunger epidemic. Over one million City residents face food insecurity.

By leveraging its purchasing power, the City has the opportunity not only to enact our Good Food for All Agenda, which promotes Good Food (food that is healthy, affordable, fair, and sustainable), but we also have the ability to incentivize and encourage our regional food system as a whole, to make Good Food more widely available to all Angelenos. Directing our food purchases can encourage greater production of sustainably produced food, healthy eating habits, respect for worker's rights, and support for the local business economy by providing new opportunities for small and mid-sized farmers and job creation along the food supply chain. Therefore, I am directing all City departments with food purchases of greater than \$10,000 annually, through their department budgets and/or contracts and concessions, to adopt the Good Food Purchasing Pledge and initiate plans to follow the Good Food Purchasing Guidelines for Food Service Institutions ("Good Food Purchasing Guidelines").

These Guidelines lay out priorities for offering nutritious menu options, and purchasing food that is healthy, locally produced, and sustainably grown by farms that treat their workers with respect and use humane animal treatment practices.





These Guidelines have been developed by our Office in collaboration with the Los Angeles Food Policy Council, an initiative of my Office. This policy has taken into account the viewpoints of stakeholders from all aspects of the food system including farm owners, food distributors, public health departments, food chain workers, restaurants, and other large institutional food purchasers, to name a few. The Guidelines are summarized below and included in full along with the Good Food Purchasing Pledge as an appendix to this directive.

# <u>Summary of the Good Food Purchasing Pledge and Good Food Purchasing Guidelines</u>

The Good Food Purchasing Pledge is a commitment to improving our region's food system through the adoption and implementation of the Los Angeles Good Food Purchasing Guidelines. While this directive is aimed at City departments with food purchases of greater than \$10,000 annually, through their department budgets and/or contracts and concessions, I would like to see even greater participation. I invite other food service institutions, including those in the public, and private for profit and non-profit sectors also to adopt the Good Food Purchasing Pledge.

The Good Food Purchasing Guidelines emphasize five values:

- Local Economies Small and mid-sized agricultural and food processing operations within the local area or region;
- Environmental Sustainability Sustainable production systems that conserve soil and water, emphasize good pest management practices, and protect and enhance wildlife habitat and biodiversity;
- Valued Workforce Safe and healthy working conditions and fair compensation for all food chain workers and producers from production to consumption:
- Animal Welfare Healthy and humane care for livestock; and
- Nutrition Foods that promote health and well-being by offering generous portions of vegetables, fruit, and whole grains and reducing salt, added sugars, fats, and oils, and eliminating artificial additives.

The Good Food Purchasing Guidelines outline a series of steps toward implementation that include, among other things, the following features:

- A baseline that must be maintained throughout participation;
- Multi-year benchmarks that recognize the time it takes to make changes and allow the shift to occur incrementally;
- A tiered value system that recognizes and rewards higher tiers of achievement;
- Traceability by asking purchasers to work with suppliers to establish transparent reporting systems to verify product source; and
- Annual progress reports to ensure continuous achievement and improvement.

# Review and Adoption of the Good Food Purchasing Pledge and Good Food Purchasing Guidelines

All City departments with food purchases of greater than \$10,000 annually, through their department budgets and/or contracts and concessions, shall adopt the Good Food Purchasing Pledge and initiate plans to follow the Good Food Purchasing Guidelines. The departments will sign the pledge and commit to implementing the Good Food Purchasing Guidelines in all future food procurement, and make best efforts to incorporate the Good Food Purchasing Guidelines into new contracts for food purchases.

Departments that control their own funds, including proprietary departments, with food purchases of greater than \$10,000 annually, through their department budgets and/or contracts and concessions, are strongly encouraged to adopt the Good Food Purchasing Pledge and commit to implementing the Good Food Purchasing Guidelines.

The Guidelines establish a multi-star grading system for affected departments, one star being the minimum level of compliance, five stars being the maximum. Upon adopting the pledge, affected departments will review their existing purchasing policies and practices and assess compliance levels with the Good Food Purchasing Guidelines, with the goal of complying with the Good Food Purchasing Guidelines at the one star level as soon as possible. All such departments will make their best efforts to achieve a five star rating within five years.

# Reporting

My Office will work with affected departments during the next six months to develop plans for implementing and reporting practices that reach the baseline benchmark and assess their annual progress. Within six months of this directive, all affected City departments will then have a plan for implementing and reporting practices that reach the baseline benchmark to be recognized as Good Food Purchasers. At that time, all departments will also have implemented continuous improvement practices as they are outlined in the Good Food Purchasing Guidelines. Thereafter, all departments will report their food procurement policies, practices, and progress annually to the City Administrative Officer for tracking and evaluation.

Executed this 24th day of October, 2012.

ANTONIO R. VILLARAIGOSA

Mayor

# Los Angeles Food Policy Council Good Food Purchasing Pledge



# THE GOOD FOOD PURCHASING PLEDGE

# IN PLEDGING OUR SUPPORT FOR GOOD

**FOOD**, we will use our purchasing power to encourage the production and consumption of food

that is healthy, affordable, fair, and sustainable. We recognize that the adoption of food procurement policies has the power to reform the food system, create opportunities for smaller farmers to thrive and for workers to receive just compensation and fair treatment, to support sustainable farming practices, reward good environmental stewardship, and increase access to fresh and healthy foods.

We pledge our purchasing power to support the following values:

- Local Economies support small and midsized agricultural and food processing operations within the local area or region.
- Environmental Sustainability source from producers that employ sustainable production systems that reduce or eliminate synthetic pesticides and fertilizers; avoid the use of hormones, antibiotics, and genetic engineering; conserve soil and water; protect and enhance wildlife habitat and biodiversity; and reduce on-farm energy consumption and greenhouse gas emissions.
- Valued Workforce provide safe and healthy working conditions and fair compensation to all food chain workers and producers, from production to consumption.
- Animal Welfare provide healthy and humane care for livestock.
- Nutrition promote health and well-being by offering generous portions of vegetables, fruit, and whole grains; reducing salt, added sugars, fats, and oils; and by eliminating artificial additives.

# Specifically, we commit our institution to taking the following steps in support of Good Food:

- As outlined in the Good Food Purchasing Guidelines for Food Service Institutions, we commit to annually increasing our procurement of Good Food to meet multiyear benchmarks at the baseline level or beyond for five value categories – local economies, environmental sustainability, valued workforce, animal welfare, and health.
- Establish supply chain accountability and a traceability system with vendors/distributors to verify sourcing commitments, assess current food procurement practices, and compile assessment results in a progress report.
- Report annually on implementation progress of the Good Food Purchasing Guidelines.

# To guide implementation, we commit to the following timeline:

- Complete a baseline Good Food Purchasing survey within one month of signing the Good Food Purchasing Pledge.
- Communicate Good Food commitment to all suppliers – including distributors and food service companies within one month of the adoption of the Good Food Purchasing Pledge.
- Complete an assessment of food purchasing practices within six months of the adoption of the Good Food Purchasing Pledge.
- Develop and adopt a multi-year action plan with benchmarks to comply with the Good Food Purchasing Guidelines within the first year of the adoption of the Good Food Purchasing Pledge and share action plans with the Los Angeles Food Policy Council.
- Incorporate the Good Food Purchasing Guidelines for Food Service Institutions into new RFPs and contracts, where applicable.

Signed, Signature Title Name of Institution Date

# **Good Food Purchasing Pledge**





# PROGRAM OVERVIEW: GOOD FOOD PURCHASING GUIDELINES

Los Angeles Food Policy Council (LAFPC), in collaboration with public, private, and non-profit partners, developed Good Food Purchasing Guidelines: model guidelines for food service establishments in assessing and purchasing Good Food – food that is healthy, affordable, fair, and sustainable.

Scaled similar to LEED green building certification, the Good Food Purchasing Guidelines emphasize five key values: (1) Local Economies, (2) Environmental Sustainability, (3) Valued Workforce, (4) Animal Welfare and (5) Nutrition.

### PROGRAM COMPONENTS

- Multi Year Benchmarks: Purchasers are asked to meet benchmarks in years one and five, recognizing that the shift towards Good Food purchasing will take time, and purchasers will need to make incremental changes.
- Tiered Value System: A tiered value system
  has been developed to evaluate the potential
  contribution of purchases to a Good Food
  Purchasing initiative. For each of the five
  values, foods are ranked from Level One
  (baseline) through Level Three (highest).
  Higher tiers of achievement are rewarded with
  more points accordingly.
- Ranked Criteria: For most value categories, third-party certifications and label claims allowed by USDA or FDA are used to determine the level of "Good" achieved by an institution's purchases. These third-party certifications are used to rank Good Food purchases as Levels One (baseline), Two, or Three within each value category.
- Baseline Requirements: A baseline in each category is established that must be maintained throughout participation in the program.
- Good Food Recognition: Purchasers are scored and recognized at different levels to reward higher Good Food sourcing commitments within value categories. Purchasers that meet the baseline level for each category receive Good Food Purchaser

- recognition (one star). Additional levels (two to five stars) are awarded to purchasers to recognize the most dedicated supporters of the Good Food Purchasing Guidelines.
- Traceability: Purchasers are asked to work with suppliers to establish transparent reporting systems to verify product source.
- Compliance Plan: If vendor and/or suppliers
  do not have a current capacity to meet food
  purchasing targets, the vendor may submit a
  plan to achieve full compliance at a baseline
  level by the end of year one.
- Annual Report: Purchasers are asked to report annually on their progress.
- Promotion: The City of Los Angeles and the Los Angeles Food Policy Council will promote and celebrate Good Food institutional commitments. Successful participants in the Good Food Purchasing Pledge program can also serve as an inspiration and positive role model for other institutions in our region.

# **Good Food Purchasing Guidelines for Food Service Institutions**

**Los Angeles Food Policy Council** 

October 2012

goodfoodla.org

(Manuscript version)

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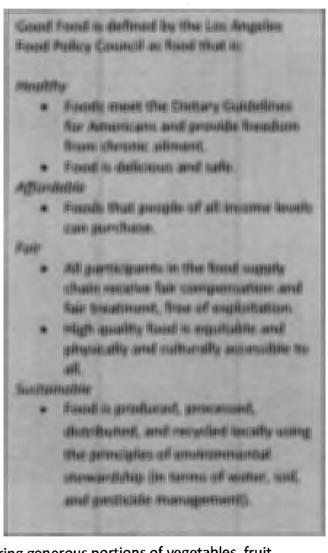
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# **Good Food Purchasing Guidelines for Food Service Institutions**

Food system transformation depends on large-scale shifts in the demand for and the subsequent purchasing of Good Food. By practicing Good Food purchasing methods, institutions can support food systems that are healthy, ecologically sound, economically viable, socially responsible, and humane. Universities and schools, hospitals, local governments, restaurants, and other institutions with food service venues are beginning to explore the opportunities afforded by thoughtful and value-based purchasing. By exercising their buying power, the purchasing practices of food service institutions can make a major difference in heightening the demand for and availability of Good Food.

The Good Food Purchasing Guidelines for Food Service Institutions is designed for public and private food enterprises in Los Angeles County and beyond to assist with their development of Good Food purchasing strategies. The guidelines include suggested measures and practical steps to implementing Good Food measures. The guidelines emphasize the following values:

- Local Economies Support small and mid-sized agricultural and food processing operations within the local area or region.
- Environmental Sustainability Source from producers that employ sustainable production systems that reduce or eliminate synthetic pesticides and fertilizers; avoid the use of hormones, antibiotics, and genetic engineering; conserve soil and water; protect and enhance wildlife habitat and biodiversity; and reduce onfarm energy consumption and greenhouse gas emissions.
- Valued Workforce Provide safe and healthy working conditions and fair compensation for all food chain workers and producers from production to consumption.
- Animal Welfare Provide healthy and humane care for livestock.
- Nutrition Promote health and well-being by offering generous portions of vegetables, fruit, and whole grains; reducing salt, added sugars, fats, and oils; and eliminating artificial additives.



By suggesting opportunities to assess existing policies and methodologies within each establishment, this guide is intended to provide tools to help create a shift to a more diversified and resilient food system, with sustainable and ethical sourcing of food in all levels of foodservice operations. Good Food production, purchasing, and consumption will require coordinated multi-sector adoption and engagement with participants who are willing to adhere to an established minimum of Good Food procurement, outlined in this document. Included in this document is a tiered assessment of values to help procurement and purchasing offices determine the current state of their farmers and other vendors. This guide is a first step in creating a comprehensive Good Food program that will inform, encourage, support and promote foodservice establishments of all sizes to become Good Food leaders in their communities.

## What Is Good Food Procurement?

The term procurement refers to the sourcing and purchasing of food to supply foodservice operations. This process is much more complex than it may appear on the surface or to one unfamiliar with commercial foodservice operations. Procurement involves identifying the food needs of the customer base for the foodservice operation, specifying product requirements, identifying suppliers, taking deliveries, inspecting and storing items, and, depending on the size of the operation, soliciting and evaluating bids and proposals, controlling inventory, and paying suppliers. These guidelines are designed to assist an individual tasked with implementing a Good Food program in their foodservice operation.

# The Importance of Good Food Procurement

Institutions of all kinds, from K-12 schools, universities, and hospitals, to corporate cafeterias and local government agencies, are major purchasers and servers of food. They are therefore in a unique position to influence food supply chains. Due to the collective large purchasing volume, institutional demand for Good Food can encourage suppliers to shift their production practices in order to supply environmentally sustainable, socially responsible, and healthy food products.

## Good Food sourcing benefits may include:

- 1. **Economic** Support of local and regional farmers and food businesses, returning to the local economy three times the purchase price of a food product purchased from out of state;
- Environmental Reduction of food miles, greenhouse gases, carbon footprints, and pollution; promotion of soil fertility, human and animal health, and the conservation of water and biodiversity;
- 3. Nutritional Encouragement of increased purchasing of whole foods and local produce that is fresher and has a higher nutritional content, due to the shorter period of time between harvest and sale:
- 4. **Social** Transformation of the supply chain, rewarding farmers and food businesses for environmentally sustainable and socially responsible business practices.

Large-scale demand for Good Food is fundamental to building the market for Good Food. By increasing the demand, and thus the infrastructure to distribute Good Food, it will become easier for

more institutions to participate. Strong and steady demand for Good Food will increase its affordability and availability in all communities.

Hospitals, universities, schools, and restaurants in Los Angeles have spearheaded the adoption of local and sustainable food procurement policies and these innovators should be looked to as local leaders in proving that, by changing the way one purchases, institutions can create opportunities for regional farmers to thrive, for workers to receive just compensation and fair treatment, for local economies to continue to rebuild, and for reducing our environmental footprint. These outcomes can be accomplished while also increasing access to and consumption of fresh and nutritious food, particularly in underserved communities. The goal of a Good Food procurement system is to bring multiple benefits to all communities by impacting health, social well-being, bottom-line business success, and the environment.

# Public institutions, in particular, play a critical role in increasing access to Good Food.

Through their reach to some of the most vulnerable populations, including seniors and children, public programs help ensure that all Angelenos have access to the healthiest foods. These agencies purchase food to provide meals to people in public hospitals, child-care centers, schools, senior programs, jails, and juvenile facilities. Such programs and institutions provide a buffer against hunger, food insecurity and also serve as a primary source of nutrition for millions of residents. Public and private institutions also purchase food to sell to employees and the public in retail outlets such as vending machines, cafeterias, and concession stands.

Various Los Angeles wholesale food companies have implemented local food lines and certify that their products fall within a variety of parameters. This practice has expanded into processing lines and local fruits and vegetables can now be purchased to create a line of value-added products that are verified as locally sourced (i.e. carrot sticks, bagged salads, crudités, etc.).

Los Angeles nutrition education programs such as the California Department of Public Health and Network for a Healthy California's *Harvest of the Month* program, administered by LAUSD in 250 Los Angeles schools, and some of the Los Angeles county WIC-Only stores are using guidelines that state that their Good Food is sourced from:

- · Farms within 200 miles of the final service of the product
- Farms that are less than 200 acres
- Farms that provide more than five items annually (this excludes mono-cropping and allows for crop diversity and better soil management)

Over time, Good Food purchases, from both large and small institutions, can add up to significant investments in a sustainable regional food system.

## Implementing a Good Food Program

Before implementing changes, operations should assess:

- What are the advantages to your institution and the community for purchasing Good Food?
- What percentage of currently purchased food is already local, sustainable, and fairly produced?
- What barriers will limit participation in the program?
- Are there extra transportation costs affiliated with purchasing an increased volume in local products?
- What are the additional processing costs affiliated with purchasing local? What methods exist for offsetting such costs?
- What types of local, sustainable, and fairly produced products do existing distributors or vendors offer?
- How will your institution communicate the changes to consumers and employees?

Prior to implementation, it is also critical to develop operational definitions for words that will be used in Good Food bids; words like: sustainable, fair, local, or humane need to have clear criteria and a means for measurement and compliance (see Appendix A for our glossary of terms).

Compliance and/or meeting Good Food objectives will more often than not fall to producers, food distributors, and processors. Without a direct relationship to farmers, ensuring sustainability of foods and beverages requires access to information about the value chain and the farms that produced such foods. Outside of a personal relationship with producers, third-party labels (CCOF, AGA Grassfed, etc.) are useful tools for ensuring sustainability if they are grounded in verifiability.

Most distributors are willing to take on the task of providing origins of their product, particularly if there is a long-term sales opportunity. Often the simple act of asking distributors how they will meet Good Food requirements indicates to suppliers that sustainability and health are important for an institution. Distributors will work with the buyer to develop a qualified Good Food program with buyer-specified parameters.

## **Budgeting for Good Food**

Sustainable foods are generally associated with higher prices than conventional foods, thus creating little incentive for increasing purchases. However, there are a variety of strategies food service venues can employ to offset increased costs associated with purchasing higher quality foods. In 2012, Los Angeles Unified School District was able to improve meal quality, increase the percent of produce purchased and source approximately 70 percent of that produce locally (within 200 miles), while their food budget remained constant, despite rising food prices nationally. A recent study prepared for UCLA Housing & Hospitality Services found that four UC campuses with sustainable food policies — Davis, Berkeley, San Diego, and Santa Cruz — showed little, if any, increase in per plate costs after sustainable spending. Retailers have found as they increase Good Food purchases, suppliers increase production and, subsequently, food prices fall.

Strategies for offsetting increased costs include:

- Re-designing menus to incorporate less meat and processed food;
- Buying produce in season;
- Creating direct relationships with suppliers;
- Partnering with other food purchasing departments or institutions to leverage purchasing volume;
- Increasing sustainable food purchases incrementally;
- Purchasing foods from produce aggregation hubs (Regional Food Hubs);
- Increasing water and energy efficiency (e.g. by eliminating trays); and
- Buying lower on the beauty chain (e.g., smaller and less aesthetically perfect produce) is less
  expensive and helps farmers sell more of what they grow.

The guidelines suggested in this document were identified with full acknowledgement of the very real constraints and tight budgets institutions face when trying to provide their customers the highest quality food. To establish varying degrees of Good Food compliance, these guidelines outline tiers of adoption for food service outlets based on procurement standards. Purchasers will need to identify their initial purchasing priorities and incorporate additional standards and levels of adoption in the next stages of the development of their program.

# **Methodology for Assessing Good Food Procurement**

A tiered value system has been developed to evaluate the potential contribution of purchases to a Good Food Purchasing Program. A baseline in each category is established that must be maintained throughout participation in the program with qualifications noted at both the one year and five year goal levels. By creating goals for a first year of completion through a five-year implementation plan, a great opportunity is created for thoughtful, strategic and progressive sourcing and menu development.

The tiered value system allows for purchasers to participate at varying levels and to scale up their Good Food purchasing over time. Within each value category, purchasers may choose to participate at Levels One, Two or Three. Level One criteria within each value category are assigned one point. Level Two criteria for each value category are more rigorous than Level One and are assigned two points. Level Three criteria within each value category are the premier levels of achievement in the program and are assigned three points.

Purchasers that meet the baseline level for each category are awarded with Good Food Purchaser recognition. A purchaser must score a minimum of five points to meet baseline requirements as a participant in the Good Food Purchasing Program and receive *one star*. Purchasers scoring 10-14 points receive *two stars*, purchasers scoring 15-19 points receive *three stars*, purchasers scoring 20-24 points receive *four stars*, and purchasers scoring 25 points or more receive *five stars*. Good Food Purchasers with five stars represent the most dedicated supporters of the Good Food Purchasing Guidelines. These Good Food Purchasing Guidelines are easily modified for any national food service company or government agency.

Stars Awarded	Good Food Purchaser Status Level	Number of Points Needed
*	Good Food Purchaser – One Star	5 - 9
<b>*</b> *	Good Food Purchaser – Two Stars	10 - 14
* * *	Good Food Purchaser – Three Stars	15 - 19
***	Good Food Purchaser – Four Stars	20 - 24
***	Good Food Purchaser – Five Stars	25+

Notes on Scoring System		
Baseline requirement	All Good Food Purchasers must score at least one point in each value category.	
	Points may be earned by mixing various commitment levels and value categories.	
Mixing levels and values	Example: 2 points from Level 2 of Nutrition + 1 point from Level 1 of Animal Welfare =	
	3 points total	
Accumulation of points	Cumulative points may be earned if purchasers comply simultaneously with different commitment levels within a particular value category.	
Accumulation of points	Example: From the Environmental Sustainability category, participants can earn 6 points by fulfilling all the different requirements for Levels 1, 2 and 3.	
Expectations for increased commitment	After one year of participation in the program, purchasers will be expected to gradually increase the amount of Good Food that they purchase in order to maintain the same number of points. See Good Food Purchasing Guidelines for more details.	

# **Good Food Purchasing Program Goals:**

The following Good Food goals have been adapted from a variety of local and sustainable food purchasing policies including the City of New York, Kaiser Permanente, Emory University, Yale University, and University of California and are a suggested benchmark for purchasers developing or implementing a Good Food purchasing program. Food service facilities can adjust percentages as necessary with the goal of gradually increasing their Good Food purchases.

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# Value One: Local Economies Purchasing Goals

Level 1 - Baseline	Level 2	Level 3
Local within 200 miles <sup>1</sup> (or 10 Southern California counties) AND large scale operations <sup>2</sup> (>500 acre farms); or	Local within 200 miles (or 10 Southern California counties) AND medium scale operations; or	Local within 200 miles (or 10 Southern California counties) AND small scale operations
Outside of the local 200 mile range but within California AND medium scale operations (180-499 acre farms); or	Outside of the local 200 mile range but within California AND small scale operations	
Outside of California AND small scale operations (<180 acre farms)		

To be recog	nized as a Good Food purchaser, an institution scores one or higher in the Local Economi	es Category.
	Target	Points Awarded
	Year 1: 15% annual average of total cost of food purchases, with a goal of increasing at least 2% per year will come from Level 1 local food sources (See glossary for definition of source).	
	OR If vendor and/or suppliers do not have current capacity to meet local food purchasing goals, the vendor may submit a plan to achieve full compliance at least at the baseline level by end of year one.	
Level 1 -		
Baseline	Year 5: 25% annual average of total cost of food purchases will come from Level 1 local food sources by fifth year of participation.	1
Level 2	Year 1: 15% annual average of total cost of food purchases, with a goal of increasing at least 2% per year will come from Level 2 local food sources.	2
Level 2	Year 5: 25% annual average of total cost of food purchases will come from Level 2 local food sources by fifth year of participation.	1
Level 3	Year 1: 15% annual average of total cost of food purchases, with a goal of increasing at least 2% per year will come from Level 3 local food sources.	3

	Year 5: 25% annual average of total cost of food purchases will come from Level 3 local food sources by fifth year of participation.	1
	Food is purchased from microenterprise farm of less than 100 acres and located within 200 miles.	. 1
Extra Points		
(Applies to	Food is grown/raised and processed in Los Angeles County.	1
annual food	Food is purchased directly from farmer-owned businesses.	1
purchases)	Food is purchased from women, minority, disabled, or veteran-owned food businesses (farms/operations).	1
	50% of total cost of food purchases comes from small and mid-sized food operations within the local area or region.	1
	At least 25% of prepared seafood sourced from small and or local fleets.	1

# Steps to Implementation:

- Source local agricultural and food products directly from farmers and ranchers at certified farmers' markets in City of Los Angeles and/or Los Angeles County (See Appendix B: Good Food Purchasing Resource Guide – Learn More About Good Food Sourcing: Local Food).
- Buy local agricultural and food products from distribution firms that verifiably buy from farmers' market certified producers at Los Angeles County certified farmers' markets.
- Buy local agricultural and food products from distribution firms that buy from other verified local farms and producers.
- Buy local agricultural and food products from distribution firms and processors that have a verifiable local food line (See Appendix C for listings).
- Work with distributors to source seasonal fruits and vegetables to ensure best taste, quality, and price.

# Value Two: Environmental Sustainability Purchasing Goals

Level 1 - Baseline	Level 2	Level 3
Fruits & Vegetobles	Fruits & Vegetables	Fruits & Vegetables

<sup>&</sup>lt;sup>1</sup> The Los Angeles Food Policy Council defines local as 200 miles, ten counties and touching over 22 million people. This ten county region includes: Kern, Ventura, San Diego, Imperial, Riverside, Santa Barbara, San Luis Obispo, San Bernardino, Orange and Los Angeles.

<sup>&</sup>lt;sup>2</sup> To measure the size of other agricultural and food processing operations, see the glossary for full details.

USDA Organic; or Farms agree to participate in PRiME score indicates low-risk for Stewardship Index for Specialty Crops; Integrated Pest Management Practices; or PRiME score has no high risk Protected Harvest certified; or Biodynamic components for Integrated Pest **Management Practices** Farms participate in Stewardship Index for Specialty Crops with targets for annual improvement; or Non-GMO Project Verified; or Food Alliance Certified Milk & Dairy Milk & Dairy Milk & Dairy Food Alliance Certified; or No antibiotics; and Non-GMO Project Verified; or **USDA Organic Animal Welfare Approved** rBGH/rBST free **Meat & Poultry Meat & Poultry** Meat & Poultry Food Alliance Certified; or AGA Grassfed; or Cage-free eggs; or Pasture raised; or **USDA Organic** Non-GMO Project Verified; or USDA Grassfed; or Animal Welfare Approved No antibiotics<sup>3</sup> Seafood Seafood Seafood Marine Stewardship Council certified; Fish listed as "Good" and "Best" choices No seafood purchased listed as in Monterey Bay Aquarium's Seafood "Avoid" in the Monterey Bay οг Aquarium's Seafood Watch Guide Watch Guide 100% of fish listed as "Best Choice" in Monterey Bay Aquarium's Seafood Watch Guide Grains Grains Grains **USDA Organic** Food Alliance Certified; or Pesticide-free Non-GMO Project Verified

	Category.	Points
	Target	Awarded
	Year 1: 1) 15% annual average of total cost of food purchases, with a goal of increasing at least 2% per year will come from Level 1 environmentally sustainable sources. 2) No seafood purchased should be listed as "Avoid" in the Monterey Bay Aquarium's most recent Seafood Watch Guide. OR	
Level 1 - Baseline	If vendor and/or suppliers do not have current capacity to meet environmentally sustainable food purchasing goals, the vendor may submit a plan to achieve full compliance at least at the baseline level by end of year one.	
	Year 5:  1) 25% annual average of total cost of food purchases will come from Level 1 environmentally sustainable sources by fifth year of participation in the GFPP program.  2) No seafood purchased should be listed as "Avoid" in the Monterey Bay Aquarium's most recent Seafood Watch Guide.	
Level 2	Year 1: 1) 15% annual average of total cost of food purchases, with a goal of increasing at least 2% per year will come from Level 2 environmentally sustainable sources. 2) No seafood purchased should be listed as "Avoid" in the Monterey Bay Aquarium's most recent Seafood Watch Guide.	
	Year 5: 1) 25% annual average of total cost of food purchases will come from Level 2 environmentally sustainable sources by fifth year of participation. 2) No seafood purchased should be listed as "Avoid" in the Monterey Bay Aquarium's most recent Seafood Watch Guide.	
Level 3	Year 1: 1) 15% annual average of total cost of food purchases, with a goal of increasing at least 2% per year will come from Level 3 environmentally sustainable sources. 2) No seafood purchased should be listed as "Avoid" in the Monterey Bay Aquarium's most recent Seafood Watch Guide.	
Level 5	Year 5: 1) 25% annual average of total cost of food purchases will come from Level 3 environmentally sustainable sources by fifth year of participation. 2) No seafood purchased should be listed as "Avoid" in the Monterey Bay Aquarium's most recent Seafood Watch Guide.	
extra Points Applies to	Institution participates in "Meatless Mondays" campaign.	
innual food ourchases)	A minimum of 75% percent of all seafood is noted as "Best Choices" in the Monterey Bay Aquarium Guide or is certified by the Marine Stewardship Council.	
	S0% annual average of total cost of food purchases comes from environmentally sustainable sources.	

<sup>&</sup>lt;sup>3</sup> "No antibiotics" refers to sub-therapeutic use in food production. It does not refer to residues on the meat itself.

# Steps to Implementation:

- Request that your distributor buy food and beverage products that are third-party certified (See Appendix B: Good Food Purchasing Resource Guide – Learn More About Good Food Sourcing: Environmentally Sustainable Food).
- Ask your distributor to encourage suppliers to participate in the Stewardship Index for Specialty Crops to begin measuring their baseline sustainability indicators and develop targets for continued progress (See Appendix B: Good Food Purchasing Resource Guide – Learn More About Good Food Sourcing: Environmentally Sustainable Food).
- Request that your distributors buy and sell seafood that is listed in the Monterey Bay Aquarium's Seafood Watch Guide as "Best Choices" or is certified by the Marine Stewardship Council (See Appendix B: Good Food Purchasing Resource Guide – Learn More About Good Food Sourcing: Sustainable Seafood).

# Value Three: Valued Workforce Purchasing Goals

Distributor has policy to respect the freedom of association of farmers, ranchers, and fisherfolk; and  All vendors and suppliers*: Sign in writing that they comply with domestic labor law (including state and local) in countries where they produce goods and services, as well as the core standards of the International Labour Organization (ILO):  1. Freedom of association and the right to collective bargaining. 2. Elimination of all forms of forced or compulsory labor.  3. Abolition of child labor.  Meets the Level 1 baseline requirements; and  Vendor and Supplier*  Have a social responsibility policy, which includes: (1) union or non-poverty wages; (2) respect for freedom of association and collective bargaining; (3) safe and healthy working conditions; and (4) prohibition of child labor, except as allowed by domestic law and at least one additional employment benefit such as: (5) health care benefits (6) paid sick days; 7) profit-sharing with all employees; or  Are Fair Trade Certified (for international products)  Are certified by the Equitable Food Initiative	Level 1 - Baseline	Level 2	Level 3
4. Eliminotion of discrimination with respect to employment or	<ul> <li>Distributor has policy to respect the freedom of association of farmers, ranchers, and fisherfolk; and</li> <li>All vendors and suppliers*: sign in writing that they comply with domestic labor law (including state and local) in countries where they produce goods and services, as well as the core standards of the International Labour Organization (ILO):         <ol> <li>Freedom of association and the right to collective bargaining.</li> <li>Elimination of all forms of forced or compulsory labor.</li> <li>Abolition of child labor.</li> <li>Eliminotion of discrimination with respect</li> </ol> </li> </ul>	Meets the Level 1 baseline requirements; and  Vendor and Supplier  Have a social responsibility policy, which includes: (1) union or non-poverty wages; (2) respect for freedom of association and collective bargaining; (3) safe and healthy working conditions; and (4) prohibition of child labor, except as allowed by domestic law and at least one additional employment benefit such as: (5) health care benefits (6) paid sick days; 7) profit-sharing with all employees; or  Are Fair Trade Certified (for international products)	Meets the Level 1 baseline requirements; and  Vendor and Supplier* Have a union contract with their employees; or Are a worker-owned Cooperative; or Have signed the CIW Fair Food Supplier Code of Conduct; or Are Food Justice-Certified by the Agricultural Justice Project; or Are certified by the

To be recognized as a Good Food purchaser, an institution scores one or higher in the Valued Workforce Category.		
	Target	Points Awarded
Level 1 - Baseline	Year 1: All vendors and suppliers sign in writing that they respect the freedom of association of farmers, ranchers, and fisherfolk and comply with domestic labor law (including state and local) in countries where they produce goods and services, as well as the core ILO standards.  OR  If vendor and/or suppliers do not have current capacity to meet fair food purchasing goals, the vendor may submit a plan to achieve full compliance at	
	least at the baseline level by end of Year 1.	1
	Year 5: All vendors and suppliers sign in writing that they respect the freedom of association of farmers, ranchers, and fisherfolk and comply with domestic labor law (including state and local) in countries where they produce goods and	
	services, as well as the core ILO standards.	1

Level 2	Year 1: Institution complies with baseline Level 1 fair criteria AND 5% annual average of total cost of food purchases, with a goal of increasing at least 2% per year will come from Level 2 fair sources.	. 2
Level 2	Year 5: Institution complies with baseline Level 1 fair criteria AND 15% annual average of total cost of food purchases will come from Level 2 fair sources by fifth year of participation.	1
Level 3	Year 1: Institution complies with baseline Level 1 fair criteria AND 5% annual average of total cost of food purchases, with a goal of increasing at least 2% per year will come from Level 3 fair sources.	3
LEVEL 3	Year 5: Institution complies with baseline Level 1 fair criteria AND 15% annual average of total cost of food purchases will come from Level 3 fair sources by fifth year of participation.	1
Extra Points (Applies to annual food	Buying entity establishes a reporting system for workers to report violations with	1
purchases)	a protection for workers from retaliation.  Institution complies with baseline Level 1 fair criteria AND 25% of annual average of total cost of food purchases comes Level 2 or 3 fair sources.	

# Steps to Implementation:

- Ask that your distributor source agricultural products, which come from farms and food processors with union contracts or certified by one of the programs in the Level 3 Valued Workforce category (See Appendix B: Good Food Purchasing Resource Guide – Learn More About Good Food Sourcing: Valued Workforce).
- Ask your distributor to encourage suppliers to review the Agricultural Justice Project's toolkit and a list of resources to help farmers and food businesses to adjust their labor policies, develop documentation, and learn how to develop a social responsibility policy.<sup>4</sup>
- Ask your distributor to develop long-term relationships with its suppliers and pay fair prices – review the Agricultural Justice Project's standards section on Food Business Responsibilities to Farmers.<sup>5</sup>

Fresh Produce: Farm AND distributor (if not purchasing directly from the farm)

Minimally processed fresh produce: Production source (e.g. farm, fishery, ranch) AND processing facility AND distributor (these may all be separate entities or may be combined, depending upon the product)

Animal Products: Production source (e.g. farm, fishery, ranch) AND slaughtering/processing facility AND distributor (these may all be separate entities or may be combined, depending upon the product)

<sup>\*</sup> Scope of vendors and suppliers:

<sup>4</sup> http://www.agriculturaljusticeproject.org/full\_farmer\_toolkit.pdf

<sup>5</sup> http://www.agriculturaljusticeproject.org/AJP stnds sect 1.pdf

# Value Four: Animal Welfare Purchasing Goals

Level 2	Level 3
Milk & Dairy	Milk & Dairy
American Humane Certified	Animal Welfare Approved; or
	<ul> <li>Humane Farm Animal Care/Certified Humane Raised and Handled®</li> </ul>
Meat & Poultry	Meat & Poultry
<ul> <li>Step 2 of Global Animal Partnership 5-Step Animal Welfare Rating standards; or</li> </ul>	<ul> <li>Step 3 or higher of Global Animal Partnership 5-Step Animal Welfare Rating standards; or</li> </ul>
American Humane Certified	Animal Welfare Approved; or
	<ul> <li>Humane Farm Animal         Care/Certified Humane Raised         and Handled®     </li> </ul>
	Meat & Poultry  • Step 2 of Global Animal Partnership 5-Step Animal Welfare Rating standards; or

	Year 1 Target	Points Awarded
Level 1 - Baseline	Year 1: 1) 15% annual average of total cost of milk and dairy products and animal protein product purchases, increasing at least 2% per year will come from Level 1 humane sources. 2) 100% of all eggs are cage-free. OR If vendor and/or suppliers do not have current capacity to meet animal welfare purchasing goals, the vendor may submit a plan to achieve full compliance at least at baseline level by end of year one.	1
	Year 5: 1) 25% annual average of total cost of milk and dairy products, and animal protein product purchases will come from a Level 1 humane sources by fifth year of participation. 2) 100% of all eggs are cage-free.	1
Level 2	Year 1: 1) 15% annual average of total cost of milk and dairy products and animal protein products, increasing at least 2% per year will come from Level 2 humane sources. 2) 100% of all eggs are cage-free.	. 2
Level 2	Year 5: 1) 25% annual average of total cost of milk and dairy products, and animal protein product purchases will come from Level 2 humane sources by fifth year of participation. 2) 100% of all eggs are cage-free.	1
Level 3	Year 1: 1) 15% annual average of total cost of milk and dairy products, and animal protein product purchases, increasing at least 2% per year will come from Level 3 humane sources. 2) 100% of all eggs are cage-free.	3
	Year 5: 1) 25% annual average of total cost of milk and dairy products, and animal protein product purchases will come from Level 3 humane sources by fifth year of participation. 2) 100% of all eggs are cage-free.	
Extra	Institution encourages plant based diets by offering 100% vegetarian and/or	1
Points	vegan options.	1

annual	products purchases come from humane sources.	
food	•	
purchases)		

# Steps to Implementation:

 Request that your distributor buy and sell animal protein products that carry a third-party certification such as, Global Animal Partnership, produced from AGA Grass-Fed cows, Humane Farm Animal Care/Certified Humane Raised and Handled®, and Animal Welfare Approved (See Appendix B: Good Food Purchasing Resource Guide – Learn More About Good Food Sourcing: Animal Welfare).

## Value Five: Nutrition Goals

To be recognized as a Good Food purchaser, an institution meets at least 11 out of 25 items in the Nutrition Category <sup>7</sup>		
Year 1 Target	Points	
Fruits, vegetables, and whole grains account for at least 25% of total food purchases	1	
Seasonal fruits and vegetables are sourced to ensure best taste, quality, and price	1	
To the greatest extent possible, purchase whole fruits, without added sugar. When whole and unprocessed fruit cannot be purchased, due to cost or availability, purchase frozen fruit. If frozen products are unavailable, fruit should be canned in its own juice with no sugars added	1	
To the greatest extent possible, purchase whole vegetables, without added sodium and fat. When whole and unprocessed vegetables cannot be purchased due to cost or availability, purchase frozen vegetables. If frozen products are unavailable, canned vegetables should be low sodium (per FDA definitions) <sup>8</sup> or have "no salt added"	1	
Prioritize the purchase of whole-grain, high-fiber options <sup>9</sup>	1	
Prioritize offering plant-based main dishes at each meal service <sup>10</sup>	1	
If meat is offered, prioritize the purchase of "extra lean" (total fat ≤ 5%) and "lean" (total fat ≤ 10%) meat such as skinless chicken, turkey, ground beef, and pork	1	
If meat is offered, minimize the purchase of processed meats <sup>11</sup>	1	
If dairy products are offered, prioritize the purchase of Fat-Free or Low Fat dairy products (1% milk fat or less with no added sweeteners). If milk is offered, soy, rice, or other non-dairy milk alternatives without added sweeteners are available	1	
Prioritize all juice purchased to be 100% fruit juice with no added sweeteners and vegetable juice that is Low Sodium as per FDA definitions <sup>12</sup>	1	
At least 50% of available beverage choices (excluding 100% fruit and Low Sodium vegetable juices and Fat Free or Low Fat milk with no added sweeteners) must contain ≤ 25 calories per 8 ounces	1	
Require drinking water (preferably cold tap water in at least 12 ounce cup sizes) to be offered	1	
Eliminate the use of hydrogenated and partially hydrogenated oils for cooking and baking	1	

<sup>&#</sup>x27;All nutrition goals listed above may not apply to all types of food service institutions. Food service institutions must ensure the above nutrition goals comply with local, state and federal law that may govern individual food service programs such as youth detention facilities, school meal programs and other meals served to dependent community members. Each food service institution will be eligible for points towards the good food pledge based on the total potential applicable points for that type of food service venue. LAFPC will work with each institution individually on their institution's pledge criteria. These nutrition goals were developed from reputable sources including the United States Department of Agriculture, the Food and Drug Administration, as well as other leading health organizations. The above nutrition goals will be reviewed and revised periodically to ensure they meet current dietary recommendations and take into consideration program implementation.

<sup>8</sup> Low sodium is defined as 140 mg or less per Reference Amount Customarily Consumed (RACC)

<sup>&</sup>lt;sup>9</sup> Whole grain is listed as the first or second ingredient; 2 grams or more of fiber/serving

<sup>10</sup> Recommend plant-based dishes to include fruits, vegetable, beans, and legumes

 $<sup>^{11}</sup>$  If processed meats are offered, recommend using only products with no more than 480 mg per 2 oz.

<sup>12</sup> Low Sodium is 140 mg or less per RACC

Offer Low Fat and/or Low Calorie and/or Low Sodium condiments as per FDA definitions12 <sup>13</sup>	1
Commit to developing and implementing a gradual sodium reduction plan that meets current Dietary Guidelines for Americans (DGA) standards	1
All pre-packaged food has zero grams trans fat per serving (as labeled)	1
Eliminate the use of deep frying	1
Prioritize the preparation of all protein, including fish, poultry, meat, or meat alternatives in a low fat way (broiling, grilling, baking, poaching, roasting, or steaming)	1
Display water, diet drinks (do not exceed 25 cal. per 8oz), 100% fruit juice without added sweeteners, Low Sodium vegetable juices, Fat Free or Low Fat dairy products with no added sweeteners, and milk alternative products in eye level sections of beverage cases (if applicable)	1
Prioritize the location of fruit and/or non-fried vegetables at convenient, high-visibility locations (including at front of cafeteria lines) and within reach of checkout registers (if applicable)	1
Highlight fruit with no-added sweeteners and non-fried vegetable offerings with signage	1
Remove candy bars, cookies, chips and beverages with added sugars (such as soda, sports and energy drinks) from checkout register areas/point-of-purchase (if applicable)	1
Menu lists the nutritional information for each item using the federal menu labeling requirements under the Patient Protection and Affordable Care Act of 2010 as a guide	1
Prioritize portion control strategies, if applicable (e.g. utilizing 10' or smaller plates for all meals or make available reduced-size portions of at least 25% of menu items offered, and offer reduced-size portions at a lower price than regular-sized portions) <sup>14</sup>	1
Develop a worksite wellness program including nutrition education for employees and/or patrons	1
Level 1 Healthy – meets 13 -15 out of 25	1
Level 2 Healthy – meets 16 - 20 out of 25	2
Level 3 Healthy meets 21 - 25 out of 25	7
	1
Extra Points Healthy – meets all 25 points	1

<sup>13</sup> Low-Fat is 3 g or less per RACC (and per 50g if RACC is small); Low Sodium is 140 mg or less per RACC (and per 50g if RACC is small); Low Calorie is 40 calories or less per RACC (and per 50g if RACC is small).

14 Reduced-sized portions are no more than 70% of the weight, measured in grams, of a regular-size portion of the same menu item.

# **Accountability and Traceability**

An institution's Good Food purchases are generally limited by their produce and distribution firms because of their access to products carrying food safety approval. Compliance and/or meeting procurement objectives also fall to the produce and food distributors. Therefore bids and contracts should have clauses for ascertaining product traceability, identification, record keeping, and reporting. These clauses may already be accommodated in current Hazard Analysis & Critical Control Points (HACCP) and other third-party action plans.

The Purchaser should develop a customized program in partnership with their distributor and/or produce house to accomplish all of the traceability necessary for each purchaser's specific needs around Good Food purchases.

Sound Good Food bids could include the following accountability and traceability requirements for any produce or distribution firm:

- 1. The name and location of farms and processing facilities providing Good Food to an institution will be provided to the institution at the time of ordering, a week or two prior to ordering or on the product list of available food items. Typically, the produce lists of available products from distributors and produce houses are the way buyers are notified to select the food they want to purchase. Vendors should list how each Good Food supplier fulfills and verifies identified Good Food goals, including local, environmentally sustainable, fair, animal welfare and healthy.
- If an existing vendor is unable to comply with specific targets within the overall Good Food framework, the vendor will be asked to submit a plan outlining a strategy with benchmarks to achieve full compliance within one year and update the plan annually during term of contract. Vendors will verify their progress and compliance with the plan during specified benchmark periods.
- 3. The vendor will provide the net price paid to farmers, ranchers, or fisherfolk to the Purchasing Institution on a per pound, per case, or other applicable case count prior to the distributor's or produce firm's mark up. Costs should be fair, reasonable and transparent. The Purchaser should develop this transparent program in partnership with their Distributor and/or Produce House.
- 4. Paperwork that proves the origin of any processed food items will be provided to an institution upon request, but shall be kept on record by produce or distribution firms. We recommend the development and implementation of a transparent record keeping system between purchasers and fresh produce processors so that there are checks and balances in place in order to confirm that Good Food products remain intact throughout the processing chain.

## **Education and Marketing**

Marketing and education of Good Food are critical to building buy-in and support from employees, consumers, and other customers.

Educate and engage – Suppliers and their employees along the supply chain from farm to cafeteria need to be informed, educated, and encouraged to be active participants in creating a successful Good Food Purchasing Program. Successful implementation of these programs in food service settings depends on empowered food service workers in the kitchens and knowledgeable employees, students, or customers visiting the food service venue.

**Communicate** good work, helping to encourage growth in both the demand for and the supply of Good Food. Be a willing educator of patrons and colleagues.

# **Final Thoughts**

Food is only one facet of creating a Good Food community. Advocacy for Good Food venues involve several other components:

- Educational outreach both to staff and the surrounding community;
- Use of reusable and environmentally preferred non-reusable food service ware items and minimizing waste by adopting the waste hierarchy of 'reduce, reuse, and recycle';
- Reducing energy use by installing energy-efficient equipment and making sure it is properly maintained and up-to-date;
- Supporting local farms, farmers' markets, and community supported agriculture;
- Food donation and waste reduction;
- Alignment of food vendor options with the facility's healthy, sustainable food program; and
- Responsible employer policies related to wages, benefits, and promotions for food service employees.

While this document focused on Good Food purchasing, we are happy to provide additional resources on other aspects of Good Food business implementation.

# APPENDIX A: Glossary of Terms

Agricultural Justice Project Certified: a domestic fair trade label that certifies fair prices and terms for farmers and at the same time fair working conditions for all employees in certified operations. The standards are rights-based, such as the right to freely negotiate the terms of employment and freedom of association, and a verification model that ensures a safe space is created in which workers can exercise those rights. Other key provisions of the program include strong health and safety protections, including a preference for organic production and strong restrictions on the use of occupational toxins when a farm is not organic; clear grievance and complaints procedures including the right to appeal; and standards covering living wages, housing conditions, and more. Source: http://www.foodfirst.org/en/node/3098 Website: www.agriculturaljusticeproject.org/standards.html

American Humane Certified: a voluntary, third-party animal welfare audit process based on five freedoms:

- Freedom from thirst and hunger by ready access to fresh water and a diet to maintain full health and vigor
- Freedom from discomfort by providing an appropriate environment including shelter and a comfortable resting area
- Freedom from pain, injury and disease by prevention or rapid diagnosis and treatment
- Freedom to express normal behavior by providing sufficient space, proper facilities and company of the animal's own kind
- Freedom from fear and distress by ensuring conditions and treatment which avoid mental suffering

Source: http://www.naturalnews.com/028552\_humane\_animals.html#ixzz27nxDdi1t Website: http://www.humaneheartland.org/our-standards

Animal Welfare Approved: A consumer certification and labeling program which indicates that egg, dairy, meat or poultry products have been produced with the welfare of the farm animal in mind. The animals have access to the outdoors and are able to engage in natural behavior. No cages or crates may be used to confine the animals, and growth hormones and subtherapeutic antibiotics are disallowed. Some surgical mutilations, such as beak-mutilation of egg-laying hens, are prohibited, while others, such as castration without painkiller, are permitted. Compliance is verified through third-party auditing.

**Biodynamic**: a farming method that encourages the use of preparations made from fermented manure, minerals and herbs are used to help restore and harmonize the vital life forces of the farm and to enhance the nutrition, quality and flavor of the food being raised. Biodynamic practitioners also recognize and strive to work in cooperation with the subtle influences of the wider cosmos on soil, plant and animal health. Source/Website: https://www.biodynamics.com/biodynamics.html

**Cage Free:** This label indicates that the flock was able to freely roam a building, room, or enclosed area with unlimited access to food and fresh water during their production cycle. Beak cutting is permitted. There is no third-party auditing. Source: Agricultural Marketing Service, USDA; Humane Society

Certified Humane Raised & Handled: A consumer certification and labeling program which indicates that egg, dairy, meat or poultry products have been produced with the welfare of the farm animal in mind. Farm animal treatment standards include: Allow animals to engage in their natural behaviors; Raise animals with sufficient space, shelter and gentle handling to limit stress; Make sure they have ample fresh water and a healthy diet

without added antibiotics or hormones. Producers also must comply with local, state and federal environmental standards. Processors must comply with the American Meat Institute Standards, a higher standard for slaughtering farm animals than the Federal Humane Slaughter Act. www.certifiedhumane.com

Certified Organic: Products must meet the federal organic standards as determined by a USDA-approved certifying agency. Organic foods cannot be grown using synthetic fertilizers, chemicals, or sewage sludge; cannot be genetically modified; and cannot be irradiated. Organic meat and poultry must be fed only organically-grown feed (without any animal byproducts) and cannot be treated with hormones or antibiotics. In order to bear the USDA "Certified Organic" seal, a product must contain 95 to 100 percent organic ingredients. Products that contain more than 70 percent, but less than 94 percent organic ingredients can be labeled "Made with Organic Ingredients," but cannot use the USDA "Certified-Organic" seal. Organic ingredients can be listed on the packaging of products that are not entirely organic. http://www.ams.usda.gov/NOP/indexNet.htm. While some small farmers grow their food using organic methods, they choose not to go through the certification process for economic or ideological reasons, so they cannot label their food "certified organic."

CIW Fair Food Supplier Code of Conduct: a set of labor standards developed by the Coalition for Immokalee Workers designed to improve working conditions and give workers the ability to voice their concerns over safety, working conditions, and Code violations without fear of retribution. Growers are required to keep a proper time registration system, hire farm workers as employees and pay them wages and benefits directly, provide protective equipment and training, ensure breaks and opportunities for advancement, and implement proper workplace safety systems. Source: http://fairfoodstandards.org/code.html

**Cooperative**: An autonomous association of persons united voluntarily to meet their common economic, social, and cultural needs and aspirations through a jointly owned and democratically controlled enterprise.

**Conventionally Grown**: Food grown using chemical fertilizers, pesticides, and herbicides. In most situations, default options are conventionally grown.

Equitable Food Initiative Certified: a program that certifies standards for working conditions, pesticide use and food safety. EFI's labor standards protect farm workers' health and safety; guarantee their freedom of association; provide fair compensation and conditions of employment; ensure non-discrimination and non-retaliation; create dispute settlement mechanisms; address housing conditions; establish a social premium; and cover workers on temporary visas. EFI's food safety standards address risks arising from land and water use, soil amendments, animal waste, and post-harvest packaging and transportation. Environmental standards focus on the safe management of pests, soil, water and habitat. Website: http://www.equitablefood.net

Family Farm: A farm managed by a family or individual who owns the animals or land, receives a good portion of their livelihood from the farm, and participates in the daily labor to work and manage the farm. The USDA also defines a small family farm as having less than \$250,000 gross receipts annually. Source: http://www.nifa.usda.gov/nea/ag\_systems/in\_focus/familyfarm\_if\_overview.html

Fair: All participants in the food supply chain receive fair compensation and fair treatment, free of exploitation.

Fair Trade: A certified label that guarantees that farmers and their workers receive a living wage and a fair price for their labor and their product, and that the product is produced in an ecologically sound manner.

Foodshed: Like a watershed (where the idea of the foodshed takes its inspiration), a foodshed measures the reach of the local landscape in terms of its food production capacities. A foodshed's size is determined by its

"structures of supply," the regional, economic, political, and transportation systems that determine how food gets from farm to table. The Los Angeles Urban Rural Roundtable, convened by the Roots of Change in 2010, defined the Los Angeles foodshed as the two hundred mile radius around the Los Angeles urban core, from which the region draws much of its food to feed the local population. This concept continues to evolve. As a starting point, we refer to the 200-mile threshold as the Los Angeles regional foodshed.

Food Alliance Certified: Organization that certifies producers based on healthy and humane animal treatment with no added growth promotants or sub-therapeutic antibiotics, soil and water conservation, integrated pest, disease and weed management, pesticide risk reduction, wildlife habitat and biodiversity conservation, safe and fair working conditions. Website: http://foodalliance.org/certification

Free Range: A USDA-certified label that guarantees that animals (usually poultry) had room to move around and "access to the outdoors." These standards apply to poultry bred for eating only, not to hens that produce eggs. It does not guarantee that the animals ever went outside or that the outdoor space provided was good pasture.

Good Food: Good Food is defined by the Los Angeles Food Policy Council as food that is: 1) Healthy: a) Foods meet the Dietary Guidelines for Americans and provide freedom from chronic ailment; b) Food is delicious, safe, and aesthetically pleasing.; 2. Affordable: Foods that people of all income levels can purchase.; 3. Fair: a) All participants in the food supply chain receive fair compensation and fair treatment, free of exploitation.; b) High quality food is equitable and physically and culturally accessible to all; 4) Sustainable: Produced, processed, distributed, and recycled locally using the principles of environmental stewardship (in terms of water, soil, and pesticide management).

Genetically Modified Organisms (GMOs): In the context of food, GMOS are agricultural products (crops or animals) that have been genetically engineered to possess certain traits. Since there is minimal research on the long-term impacts that GMOs may have on the earth and human health, many organizations caution against use and consumption of GMOs. Organic products are, by definition, non-GMO.

Global Animal Partnership 5-Step Animal Welfare Rating standards: a tiered standards program that encourages higher welfare practices and systems to the benefit of farmers, consumers, retailers, and the animals. Step 1 prohibits cages and crates. Step 2 requires environmental enrichment for indoor production systems; Step 3, outdoor access; Step 4, pasture-based production; Step 5, an animal-centered approach with all physical alterations prohibited; and, finally, Step 5+, the entire life of the animal spent on an integrated farm. Website: http://www.globalanimalpartnership.org/the-5-step-program/

Grassfed (American Grassfed Association (AGA) Certified): This label ensures that animals have continuous access to pasture during the growing season (as opposed to being confined or eating grass out of a trough) and cannot be fed grain or grain products, which can diminish the nutritive benefits of grass feeding.

Grassfed (USDA Certified): Meat products derived from ruminant animals, e.g. beef cattle, dairy cattle, and lamb, may be approved to carry the USDA "grass-fed" label claim if the animal was fed a diet of grass and/or forage throughout it's lifetime, with the exception of milk consumed prior to weaning. Animals cannot be fed grain or grain by-products and must have continuous access to pasture during the growing season (last frost in spring to first frost in fall). Use of hormones or antibiotics is not addressed.

Hazard Analysis & Critical Control Points (HACCP): HACCP is a management system in which food safety is addressed through the analysis and control of biological, chemical, and physical hazards from raw material

production, procurement and handling, to manufacturing, distribution and consumption of the finished product. Source: <a href="http://www.fda.gov/food/foodsafety/hazardanalysiscriticalcontrolpointshaccp/default.htm">http://www.fda.gov/food/foodsafety/hazardanalysiscriticalcontrolpointshaccp/default.htm</a>

**Healthy:** Foods meet the Dietary Guidelines for Americans and provide freedom from chronic ailment. Food is delicious, safe, and aesthetically pleasing.

**Hormone Free:** Milk that comes from cows who have not been treated with rBST, also known as rBGH or bovine growth hormone.

**Integrated Pest Management (IPM)**: IPM growers practice a variety of techniques: they apply natural substances like kelp, rock powders, and compost to keep crops disease resistant. They monitor trees and set traps to capture insects. Ideally, IPM growers use pesticides only as a last resort, when pest damage would keep them from bringing in a profitable crop.

**Large Scale Operation (LSO)**: Large scale operations include all levels of the food supply chain. The size is defined by type of operation:

- LSO Farm a farm larger than 499 acres (NOTE: LSO Farm, as defined by the Good Food Purchasing Guidelines, is based upon the classification of farms by acreage in the 2007 USDA Agricultural Census).
- LSO Food Business A business (including food processors) whose three (3) year average annual gross revenues exceed \$7 million (NOTE: Size of non-farm food business definition is based on City of Los Angeles Business Inclusion Program).

**Living Wage**: A wage that allows workers to meet their and their families' basic needs, including housing, food, childcare, transportation, healthcare, clothing, and recreation costs for the area in which they live.

Local: The term "local" will vary depending on your location and what is available to you. The Los Angeles Food Policy Council has defined Los Angeles County's foodshed to span 200 miles, ten counties and touch over 22 million people. This ten county region includes: Kern, Ventura, San Diego, Imperial, Riverside, Santa Barbara, San Luis Obispo, San Bernardino, Orange, and Los Angeles. The term "local" will vary depending on your location and what is available to you.

# Los Angeles Business Inclusion Program Definitions:

- Small Business Enterprise (SBE): For the purpose of The Business Inclusion Program, Small Business
   Enterprise shall mean a business enterprise that meets the following criteria:
  - A business (personal or professional services, manufacturer, supplier, and vendor) whose three (3) year average annual gross revenues does not exceed \$7 million.
  - A business (construction contractors) whose three (3) year average annual gross revenues does not exceed \$14 million.
- Emerging Business Enterprise (EBE): For the purpose of this program, Emerging Business Enterprise shall mean a business enterprise whose three (3) year average annual gross revenues do not exceed \$3.5 million.

Source: http://gsd.lacity.org/sms/BIP%20OUTREACH%20DOCUMENTATION%20&%20PROCESS.pdf)

Marine Stewardship Council certified: an independent, non-profit organization that sets standards for sustainable fishing based on three principles:

The fishing activity must be at a level which is sustainable for the fish population. Any certified fishery
must operate so that fishing can continue indefinitely and is not overexploiting the resources.

- Fishing operations should be managed to maintain the structure, productivity, function and diversity of the ecosystem on which the fishery depends.
- The fishery must meet all local, national and international laws and must have a management system
  in place to respond to changing circumstances and maintain sustainability.

Website: http://www.msc.org/

Meatless Mondays campaign: non-profit initiative of The Monday Campaigns, in association with the Johns Hopkins' Bloomberg School of Public Health that encourages people, groups and organizations to not eat meat on Mondays to improve their health and the health of the planet. The campaign provides information and vegetarian recipes ideas based on USDA nutritional guidelines on their website. Website: http://www.meatlessmonday.com/

**Medium Scale Operation (MSO)**: Medium scale operations include all levels of the food supply chain. The size is defined by type of operation:

- MSO Farm a farm between 180 and 499 acres (NOTE: MSO Farm, as defined by the Good Food Purchasing Guidelines, is based upon the classification of farms by acreage in the 2007 USDA Agricultural Census).
- MSO Food Business a business (including food processors) whose three (3) year average annual gross revenues fall between \$3.5 million and \$7 million. (NOTE: Size of non-farm food business definition is based on City of Los Angeles Business Inclusion Program).

Non-GMO Project Verified: is a verification program that seeks to assist farmers, processors and manufacturers in avoiding the contamination of GMO's by progressively reducing the risk of GMO contamination. The Project requires practices and processes for controlling GMO contamination by these atrisk inputs and ingredients. Methods such as segregation, traceability, risk assessment, sampling techniques, and quality control management are emphasized. Website: http://www.nongmoproject.org/

**Organic**: Food grown without the use of chemical pesticides, herbicides, or fertilizers. Animals must be fed organic feed and cannot be given antibiotics or growth hormones. Organic foods may not be genetically modified or irradiated or contain artificial preservatives or additives. Organic meats must come from animals that are "free range."

PRiME (Pesticide Risk Mitigation Engine) score: an online tool that ranks pesticide products for impacts on birds, earthworms, small mammals, aquatic ecosystems and worker/bystander health and safety. This tool applies best available science to permit producers, advisors and regulatory professionals to compare different pest management scenarios for any commodity and select options with the fewest potential environmental and health hazards. Risk is presented on a low/moderate/high scale. Risk index scores below a 10% chance of an undesirable effect to be in the low risk category, where no further risk mitigation is needed. Realistically, 10% is within the margin of error for our risk models. Risk index scores between 10% and 50% fall into the moderate risk category where risk mitigation is recommended. Risk index scores above a 50% chance of an undesirable effect fall into the high-risk category. Website: http://ipmprime.org

**Procurement:** The sourcing and purchasing of food to supply foodservice operations. Procurement involves identifying the food needs of the customer base for the foodservice operation, specifying product requirements, identifying suppliers, taking deliveries, inspecting and storing items, and, depending on the size of the operation, soliciting and evaluating bids and proposals, controlling inventory, and paying suppliers.

**Protected Harvest certified:** a points-based certification program is designed to ensure that crops have been raised with integrated pest management. The point system is used that rewards growers for implementing

ecologically based practices in nine different management categories: field scouting, information sources, pest management decisions, field management decisions, weed management, insect management, disease management, soil and water quality, and storage management. A minimum number of points must be achieved in each category to qualify for certification. Website: http://www.protectedharvest.org/

"Raised without antibiotics" or "No antibiotics administered" (poultry and meat products): These USDA approved label claims imply that no antibiotics were administered to the animal at any point during its life. If an animal becomes sick and requires treatment, it should be segregated from other animals and sold as a conventional meat product. Source:

http://www.fsis.usda.gov/Fact\_Sheets/Meat & Poultry Labeling Terms/index.asp

Raised without added hormones or "No hormones added" (beef and lamb only): This USDA approved label claim implies that no added hormones were given to the animal at any point during its life. Most meaningful when used on beef or lamb products since the use of added hormones is prohibited in poultry and pork production. http://www.fsis.usda.gov/Fact\_Sheets/Meat\_&\_Poultry\_Labeling\_Terms/index.asp

**rGBH-free or rGBT-free (dairy):** Recombinant Bovine Growth Hormone is a genetically engineered artificial hormone, which is injected into cows to increase milk production. Labeling is voluntary. http://www.foodandwaterwatch.org/take-action/consumer-tools/the-milk-tip/

**Small Scale Operation (SSO)**: Small scale operations include all levels of the food supply chain. The size is defined by type of operation:

- SSO Farm a farm smaller than 180 acres. (NOTE: SSO Farm, as defined by the Good Food Purchasing Guidelines, is based upon the classification of farms by acreage in the 2007 USDA Agricultural Census. This is in contrast to the USDA definition of "small farm," which is classified by gross sales less than \$250,000.)
- SSO Food Business a business enterprise (including food processors) whose three (3) year average
  annual gross revenues do not exceed \$3.5 million. (NOTE: Size of non-farm food business definition is
  based on City of Los Angeles Business Inclusion Program).

**Source:** A source includes not only the food supplier that the purchaser does business with directly, but also all prior links in the supply, processing and production chain, starting with the farm. The supplier who is working directly with the purchaser will take good faith measures to ensure that, to the best of the supplier's knowledge, the supplier's sources also comply with the Good Food Purchasing Guidelines.

Stewardship Index for Specialty Crops: a multi-stakeholder initiative to develop a system for measuring sustainable performance throughout the specialty crop supply chain. The Index does not provide standards, but instead provides a yardstick for measuring sustainable outcomes by offering a suite of outcomes-based metrics to enable operators at any point along the supply chain to benchmark, compare, and communicate their own performance. The four key environmental indicators in the latest version are soil health and the use of nutrients, energy and water. Website: http://www.stewardshipindex.org/

**Sustainable**: Systems and practices that can be continued indefinitely into the foreseeable future without reliance upon ongoing depletion of non-renewable resources (e.g., soil, energy, biological diversity) or widening social inequities (within and across communities, countries, or generations). With respect to agriculture, the term can include, but is not limited to or synonymous with, certified organic production practices.

**Sustainable Seafood:** Seafood that comes from sources, either farmed or wild, that can maintain production indefinitely without affecting the integrity of the surrounding ecosystem.

**Transitional Organic:** This label has been used in the past to mean that a farmer is using organic methods but has not reached the three-year pesticide-free requirement and cannot yet use the Certified Organic label. The USDA does not currently allow or sanction the use of this label for official marketing purposes.

# **USDA Farm Classification System**

The USDA Economic Research Service (USDA-ERS) has developed a farm classification system to divide U.S. farms into eight mutually exclusive and more homogeneous groups. The farm typology focuses on "family farms," or farms organized as proprietorships, partnerships, and family corporations that are not operated by a hired manager. To be complete, however, it also includes nonfamily farms. For more info, see http://www.extension.org/pages/13823/usda-small-farm-definitions

Value Chain: The Wallace Center differentiates food value chains from traditional supply food supply chains in the following way: New food value chains - 1) Operate as a series of win-win strategic partnerships rather than win-lose, interchangeable business deals; and 2) Differentiate products by attributes that traditional supply chains do not typically monitor or promote, such as the environmental and social benefits behind a particular producer's practices.

Source: http://www.wallacecenter.org/our-work/Resource-Library/Innovative-Models/NGFN%20Case%20Study\_Syscos%20Journey%20From%20Supply%20Chain%20to%20Value%20Chain.pdf

#### APPENDIX B: GOOD FOOD PURCHASING RESOURCE GUIDE

#### HEALTHY, LOCAL & SUSTAINABLE FOOD PURCHASING POLICIES & GUIDELINES

#### Restaurants

- Green Seal™: GS 46 Restaurants & Food Service http://www.greenseal.org/GreenBusiness/Standards.aspx?vid=ViewStandardDetail&cid=0&sid=27
- SustainWeb: Ethical Eats (UK based restaurants and caterers committed to sourcing sustainable foods) http://www.sustainweb.org/ethicaleats/
- Green Restaurant Association's: Dine Green http://www.dinegreen.com/restaurants/standards.asp
- San Francisco Green Business Program Standards: Restaurants
   http://sfgreenbusiness.org/images/stories/program%20standards%20PDFs/Restaurant\_Checklist.pdf

## **Hospitals**

- Green Guide for Health Care™ Food Service Credits
   http://www.noharm.org/us\_canada/issues/food/planning.php#credits
- Green Guide for Health Care™ Food Service Credits, "Environmentally Preferable Purchasing: Food Technical Brief"
   http://noharm.org/lib/downloads/purchasing/EPP Food Tech Brief GGHC.pdf
- Health Care Without Harm's Tools and Resources for Hospitals, Group Purchasing Organizations and
  Distributors
   http://www.healthyfoodinhealthcare.org/resources.php#purchasingguides
- Healthier Hospitals Initiative
   <a href="http://healthierhospitals.org/hhi-challenges/healthier-food">http://healthierhospitals.org/hhi-challenges/healthier-food</a>
- Kaiser Permanente: Fact Sheet on Sustainable Food Purchasing Policy http://xnet.kp.org/newscenter/aboutkp/green/stories/2011/110811sustainablefood.html
- Partnership for a Healthier America
   http://www.ahealthieramerica.org/#!/about-the-partnership

### Universities

- University of California Policy on Sustainable Practices: Sustainable Foodservices Policy (page 19)
   <a href="http://www.universityofcalifornia.edu/sustainability/documents/policy\_sustain\_prac.pdf">http://www.universityofcalifornia.edu/sustainability/documents/policy\_sustain\_prac.pdf</a>
- Yale Sustainable Food Purchasing Guide
   <a href="http://www.yale.edu/sustainablefood/purchasing guide 002.pdf.pdf">http://www.yale.edu/sustainablefood/purchasing guide 002.pdf.pdf</a>
- Yale Sustainable Food Purchasing Guidelines

http://www.yale.edu/sustainablefood/food\_purchasing.html

- Emory University's Sustainable Food Initiative http://sustainability.emory.edu/page/1008/Sustainable-Food
- Bon Appetit: General Sustainability Principles http://www.cafebonappetit.com/

### K-12 Schools

- Washington D.C: Healthy Schools Act of 2010 <a href="http://dchealthyschools.org/wordpress/wp-content/uploads/2011/11/Healthy-Schools-Act-as-Amended-20110810.pdf">http://dchealthyschools.org/wordpress/wp-content/uploads/2011/11/Healthy-Schools-Act-as-Amended-20110810.pdf</a>
- Local Food Procurement for San Diego Unified School District http://www.sandi.net/site/Default.aspx?PageID=993
- Local Fruit and Vegetable Sourcing in St. Paul's Public Schools- Lessons Learned and RFP http://food-hub.org/files/resources/SaintPaulPublicSchoolsLocalProduceStory%20and%20RFP.pdf
- Sample Purchasing Guidelines "Specs" Large Scale Scratch Cooking Environment- Chef Ann Cooper, Berkeley Unified School District http://www.thelunchbox.org/sites/default/files/SAMPLE\_PURCHASING\_GUIDELINES2.pdf
- Primer on geographic Preference: Potential, Pitfalls and Proper Procedures School Food FOCUS http://www.schoolfoodfocus.org
- Alliance for a Healthier Generation
   http://www.healthiergeneration.org/companies.aspx?id=5657
- National Farm to School Network's list of resources on buying and selling local foods http://www.farmtoschool.org/publications.php?pt=buys

## Federal, State and Municipal Government

- General Services Agency: Health and Sustainability Guidelines for Federal Concessions and Vending Operations <a href="http://www.gsa.gov/portal/content/104429">http://www.gsa.gov/portal/content/104429</a>
- Massachusetts State Agency Food Standards
   <a href="http://www.mass.gov/eohhs/docs/dph/com-health/nutrition-phys-activity/eo509-state-agency-food-standards.pdf">http://www.mass.gov/eohhs/docs/dph/com-health/nutrition-phys-activity/eo509-state-agency-food-standards.pdf</a>
- City and County of San Francisco, Executive Directive: Healthy and Sustainable Food for San Francisco <u>http://www.sfgov3.org/ftp/uploadedfiles/sffood/policy\_reports/MayorNewsomExecutiveDirectiveonHealthySustainableFood.pdf</u>
- New York City Agency Food Standards
   http://www.cspinet.org/new/pdf/nyc\_agency\_food\_standards.pdf

## General Background Resources

Sustainable Food Policy- A Guide to Developing Sustainable Food Purchasing Policy

# http://www.sustainablefoodpolicy.org/

- Public Health Law and Policy: "Understanding Healthy Procurement: Using Government's Purchasing Power to Increase Access to Healthy Food" <a href="http://www.phlpnet.org/sites/phlpnet.org/files/Understanding Healthy Procurement 2011.pdf">http://www.phlpnet.org/sites/phlpnet.org/files/Understanding Healthy Procurement 2011.pdf</a>
- UC Sustainable Agriculture Research & Education Program, Agricultural Sustainability Institute, UC Davis: "Emerging Local Food Initiatives in Northern California Hospitals"
   http://www.sarep.ucdavis.edu/CDPP/fti/Farm To Hospital WebFinal.pdf
- The Johns Hopkins Center for a Livable Future Health Care and Without Harm: "Balanced Menus: A
  Pilot Evaluation of Implementation in Four San Francisco Bay Area Hospitals"
  http://www.jhsph.edu/bin/k/m/BMCReportFinal.pdf
- Centers for Disease Control and Prevention (CDC): "Improving the Food Environment Through Nutrition Standards: A guide for government procurement" <a href="http://www.cdc.gov/salt/pdfs/dhdsp-procurement-guide.pdf">http://www.cdc.gov/salt/pdfs/dhdsp-procurement-guide.pdf</a>
- Michigan Good Food Work Group Report Series: "Institutional Food Purchasing" http://mlui.org/downloads/InstFoodPurchasingReport.pdf

## LEARN MORE ABOUT GOOD FOOD SOURCING

#### Local

- USDA's List of Certified Farmers' Markets
   http://apps.ams.usda.gov/FarmersMarkets/Default.aspx
- See Appendix C for list of local product availability in LA (distributors and processors)

## **Environmental Sustainability**

- Consumer Reports
   Greener Chaices: Eco-Labels Center
   http://www.greenerchoices.org/eco-labels/productArea.cfm?ProductCategoryID=174
- Food Alliance, Institute for Agriculture & Trade Policy, Association for the Advancement of
  Sustainability in Higher Education, Healthcare Without Harm
  Third Party Certifiers for Sustainability in Food & Agriculture
  <a href="http://www.sustainablefoodpolicy.org/third-party-certifications-for-identifying-sustainably-produced-foods">http://www.sustainablefoodpolicy.org/third-party-certifications-for-identifying-sustainably-produced-foods</a>
- Natural Resources Defense Council
   Label Lookup
   http://www.nrdc.org/living/labels/food.asp
- Meatless Monday Campaign Toolkits <u>http://www.meatlessmonday.com/spread-the-movement/</u>
- CCOF Certified Organic
   CCOF's Organic Online Directory
   http://www.ccof.org/cgi-bin/organicdirectory\_search.cgi

- USDA Certified Organic www.ams.usda.gov/nop/
- Food Alliance Certified
   Online directory of certified producers and handlers
   http://foodalliance.org/client-search
- Non-GMO Project Verified http://www.nongmoproject.org/take-action/search-participating-products/
- Stewardship Index for Specialty Crops http://www.stewardshipindex.org/

## Sustainable Seafood

- Blue Ocean Institute
   Offers Ocean and seafood sustainability education for chefs <a href="http://www.blueocean.org">http://www.blueocean.org</a>
- Monterey Bay Seafood Watch List <u>http://www.montereybayaquarium.org/cr/SeafoodWatch/web/sfw\_factsheet.aspx</u>
- Good Catch...The Essentials: Helping You Navigate Seafood Sustainability
   http://www.goodcatch.org.uk/site media/uploads/Good Catch...the essentials FINAL.pdf
- Marine Stewardship Council http://www.msc.org/
- Marine Conservation Society
   Buyers guide to sustainable seafood
   http://www.fishonline.org/
- The Institute for Fisheries Resources
   List of local fish seasonolity
   http://www.ifrfish.org/where/los-angeles-area

# Valued Workforce

- United Farm Workers
   List of forms with union contracts:
   http://www.ufw.org/ page.php?menu=organizing&inc=orga label.html
- Agricultural Justice Project's Standards
   http://www.agriculturaljusticeproject.org/AJPStandardsJuly2010Final.pdf
- Agricultural Justice Project' s Toolkit for Farmers
   Sample lobor policies and other resources to help farmers meet stondords
   http://www.agriculturaljusticeproject.org/full farmer toolkit.pdf
- Equitable Food Initiative
   Partnership among businesses and organizations that have come together to develop standards, training processes and a certification to protect farm workers and produce safer, healthier food.
   http://www.equitablefood.net/#!home/mainPage

- Bon Appetit: Code of Conduct for Sustainable Tomato Suppliers
   http://www.bamco.com/uploads/documents/CODE%20OF%20CONDUCT%20FOR%20SUSTAINABLE%2
   OTOMATO%20SUPPLIERS%20.pdf
- Domestic Fair Trade Association

DFTA is engaged in a process of developing criteria for domestic fair trade standards. Draft DFTA criteria and instructions for evaluation:

http://www.thedfta.org/index.php?c=evaluation

- Food Chain Workers Alliance
   Statement on Social Certification
   http://foodchainworkers.org/?page\_id=232
- Restaurant Opportunities Center 2012 National Diner's Guide

Consumers guide provides information on the wage, benefits, and promotion practices of the 150 most popular restaurants in America, including several high-road restaurants in Los Angeles. http://rocunited.org/dinersguide/

 Fair World Project http://www.msc.org/

## Animal Welfare

Global Animal Partnership

Recognizes and rewards producers for their welfare practices and promotes and facilitates continuous improvement. Standards listed here:

http://www.globalanimalpartnership.org/the-5-step-program/our-standards/

Animal Welfare Approved

Online directory of certified farms

http://www.animalwelfareapproved.org/product-search/

 Humane Farm Animal Care/Certified Humane Raised and Handled® Online directory

http://www.certifiedhumane.org/index.php?page=where-to-buy

AGA Grass-Fed

AGA Producer Profiles

http://www.americangrassfed.org/producer-profiles/

Animal Welfare Approved

Food Labeling for Dummies

A quide to common food label terms and claims

http://www.animalwelfareapproved.org/wp-content/uploads/2012/08/Food-Labelling-for-Dummies-

6 high-res.pdf

#### Nutrition

 U.S. Department of Agriculture (USDA): Dietary Guidelines for Americans http://www.cnpp.usda.gov/DGAs2010-PolicyDocument.htm

- Harvard School of Public Health: Healthy Eating Plate
   <a href="http://www.hsph.harvard.edu/nutritionsource/healthy-eating-plate/">http://www.hsph.harvard.edu/nutritionsource/healthy-eating-plate/</a>
- USDA: My Plate
   http://www.choosemyplate.gov/print-materials-ordering/dietary-guidelines.html

# APPENDIX C: LOCAL PRODUCT AVAILABILITY (LOS ANGELES)

# Los Angeles wholesale distribution firms with locally sourced products:

## California Produce Wholesalers

6818 Watcher St. Commerce, CA 90040

Telephone: (800) 460-9193

Fax: (562) 928 3090

http://www.californiaproducewholesalers.com/

## FreshPoint Southern California

Locally Grown Division 155 N. Orange Avenue City of Industry, CA 91744 http://www.freshpoint.com

## **Gold Star Foods**

Telephone: (800) 540-0215

Fax: (866)802-1997 3781 E. Airport Drive Ontario, Ca. 91761

http://www.goldstarfoods.com/default.asp

## Heath & LeJeune

1206 E. 6th Street

Los Angeles, CA 90021

Telephone: (213) 614-1909 http://soullyorganic.com/

# L.A. Specialty Produce

13527 Orden Drive

Santa Fe Springs, CA 90670

Telephone: (562) 741-2200

Fax: (562) 741-2907

http://www.laspecialty.com/index.html

## **Sunrise Produce Company**

1400 Goodrich Blvd

Commerce, CA 90022

Telephone: (323) 726-3838

http://www.sunriseproduce.com/index.html

# **West Central Produce**

2020 East 7th Place

Los Angeles, CA 90021

Telephone: (800) 464-8349

www.westcentralproduce.com









HEATH AND LEJEUNE









# **Worldwide Produce**

1661 McGarry St. Los Angeles, CA 90021 Telephone: (800) 300-2737

Fax: (213) 741-1777

http://www.wwproduce.com/

Processing of locally sourced produce:
Field Fresh Foods
Locally Fresh Foods
14805 South San Pedro Street
Gardena, CA 90248
800.411.0588
http://www.fieldfresh.com

