

# LOS ANGELES FIRE DEPARTMENT



**RALPH M. TERRAZAS**  
FIRE CHIEF

November 10, 2021

BOARD OF FIRE COMMISSIONERS  
FILE NO. 21-115

TO: Board of Fire Commissioners

FROM:  Ralph M. Terrazas, Fire Chief

SUBJECT: IN-KIND DONATION OF SOLE ELLIPTICAL TO FS 10

FINAL ACTION:	<input type="checkbox"/> Approved	<input type="checkbox"/> Approved w/Corrections	<input type="checkbox"/> Withdrawn
	<input type="checkbox"/> Denied	<input type="checkbox"/> Received & Filed	<input type="checkbox"/> Other

## SUMMARY

The Los Angeles Fire Department Foundation (LAFDF), through its Adopt-A-Fire-Station program, has graciously donated a Sole e35 2017 model elliptical to Fire Station 10 in Mandeville Canyon. The purpose of the equipment is to allow firefighters to maintain the necessary fitness levels to perform the often physically demanding fitness duties required in the course of their workday. Due to COVID-19, LAFD members have been unable to patronize private gyms on their off-days, so having proper fitness equipment at the fire station is of paramount importance for their health, wellness and readiness to perform their job functions. The value of the donation is \$1,599.00.

Submitted in accordance with the Los Angeles Administrative Code, Article 12, Sections 5.111.3 and 5.111.4, which provides for the receipt of gifts and bequests of personal property to be utilized by the Fire Department, not exceeding \$5000.00 in market value shall be submitted to the Board of Fire Commissioners for acceptance or rejection.

## RECOMMENDATION

That the Board:

Approve this report and accept the In-Kind Donation from the above organization's Adopt-A-Fire-Station program valued at \$1,599.00 to the Los Angeles Fire Department.

## FISCAL IMPACT

There is no fiscal impact to the Department's budget from the acceptance of this donation.

## CONCLUSION

The Los Angeles City Fire Department benefits tremendously from gracious donations and support provided directly to its fire stations by the Los Angeles Fire Department Foundation. The Los Angeles Fire Department acknowledges and thanks the LAFDF for this donation.

Board report prepared by Cheryl Getuiza, Public Information Director, Community Liaison Office.

Attachment

Treadmills

Ellipticals

Bikes

Rowers

Climbers

866-760-7633

Free  
Shipping!  
(Continental U.S.A. Only)

Lifetime Warranty  
on Reinforced Frame  
(On Select Models)

Fail-Safe  
Braking System

Money Back  
Guarantee  
(We will even pay  
the return shipping)

Best Quality for Price  
Motors and Frames  
(medical grade motor,  
rolled steel frame)

## STUDIO

30 day trial (Included)

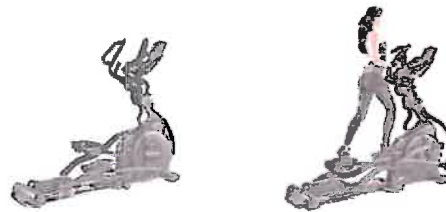
Sole's connected fitness partner  
Over 3,000 instructor led fitness on  
demand classes  
Real-time community leaderboard  
[Learn More](#)

  
**Bluetooth**  
Bluetooth Audio  
Speakers

  
USB Port For  
Charging Devices

  
Unique Power Incline  
technology - exclusive  
to SOLE

  
Eliminates all strain  
on knee, hip, and  
ankle joints



The best ellipticals are developed with the user's comfort in mind, and that's no different with the SOLE E35. This elliptical challenges users with a multitude of different settings while keeping them comfortable at all times.

### Best In Class 2021 Sole E35 Elliptical

MSRP

~~\$2,799.99~~

Today's Sale Price

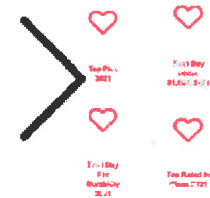
**\$1,599.99**

**Free Shipping**

**30 Day Money Back**

ADD TO  
CART

#### Awards



### Specs

- 25 lb. flywheel provides a smooth, quiet ride
- Natural running motion provided by whisper quiet drive system
- Full body workout thanks to forward and reverse functionality
- Highest grade steel used for frame and

### Overview

- Foot pedals designed by physical therapists
- Eliminates all strain on knee, hip, and ankle joints
- Power incline targets lower areas of the body other ellipticals miss
- Perfect elliptical for the home

### Technology

- Bluetooth Audio Speakers - listen to music from your smart devices through the speakers on the console.
- USB Port - Charge your smart devices while working out
- Integrated tablet holder - gives you the freedom

backed by lifetime warranty

- Rated for users up to 375 lbs



- Multiple programs for all different levels of fitness



to use your smart devices to watch shows or follow your workout routines

- Unique Power Incline technology targets areas ellipticals miss - exclusive to SOLE
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