

November 19, 2019

**LOS ANGELES FIRE DEPARTMENT**



**RALPH M. TERRAZAS**  
FIRE CHIEF

October 29, 2019

BOARD OF FIRE COMMISSIONERS  
FILE NO 19-136

TO: Board of Fire Commissioners

FROM: *RMT* Ralph M. Terrazas, Fire Chief

SUBJECT: IN-KIND DONATION OF GYM EQUIPMENT TO OPERATIONS CENTRAL BUREAU

FINAL ACTION:	<input type="checkbox"/> Approved	<input type="checkbox"/> Approved w/Corrections	<input type="checkbox"/> Withdrawn
	<input type="checkbox"/> Denied	<input type="checkbox"/> Received & Filed	<input type="checkbox"/> Other

**SUMMARY**

Margarita Alvarez, the Executive Director for the Central City Neighborhood Partners and a member of the community, has donated to the Operations Central Bureau the following used items valued at approximately \$15,925:

**Cardio Equipment**

- Life Cycle Elliptical 9500 HR (\$500)
- Life Cycle Stationary Bike (\$500)
- Cybex Arch Trainer (\$700)
- Flexdeck Treadmill (\$1,000)

**Free Weights**

- Various Dumbbells 25 – 95 lbs. (15 sets @\$15 each)

**Weight Machines (Cybex)**

- Plate Loaded Advanced Shoulder (\$750)
- Olympic Decline Bench (\$700)
- Body Weight Leg Raise (\$400)
- Standard Bench Press (\$300)
- Incline Bench Press (\$100)
- Preacher Curl – Arm Press (\$200)
- Overhead Press (\$700)
- Lat Pull Down (\$700)
- Smith Press (\$900)
- Row/Rear Delt (\$800)
- Hip Adduction/adduction (\$2,000)
- Seated Leg Curl (\$1,000)
- Leg Extension (\$500)

- Bicep/Arm Curl (\$600)
- Chest Press (\$700)
- Classic Tricep Dip Press (\$800)
- Back Extension (\$150)
- Body Weight Leg Raise (\$50)
- Seated Leg Press (\$750)
- Abdominal Crunch Machine (\$400)
- Cable Cross Over (\$700)
- Assisted Chin Up/Dip (\$900)
- Bent Leg Abdominal Board (\$400)

### **RECOMMENDATIONS**

That the Board:

1. Approve this report and accept the donation of the listed items above with a total approximate value of \$15,925.
2. Request the Commission Executive Assistant to transmit this report to City Council in accordance with the Los Angeles Administrative Code, Ordinance 15514, Article 12, section 5.111.4, for consideration and approval.

### **FISCAL IMPACT**

There is no fiscal impact to the Department's budget resulting from the donation of these items. Donations provide the necessary items meeting the needs of the respective department. Replacement or repair of items meeting City specifications and Fire Department business needs may be borne by General Fund, subject to budgetary constraints.

### **CONCLUSION**

The Los Angeles Fire Department benefits tremendously from gracious donations and support provided by Ms. Alvarez. The Community Liaison Office acknowledges Ms. Alvarez for her generosity.

Board report prepared by Public Information Director Peter Sanders, Community Liaison Office.

Attachments

# LOS ANGELES FIRE DEPARTMENT



RALPH M. TERRAZAS  
FIRE CHIEF

October 18, 2019

TO: Peter Sanders, Public Information Director  
Community Liaison Office, THROUGH CHANNELS

FROM: Kristina Kepner, Assistant Chief  
Command 22, A Platoon

SUBJECT: IN-KIND DONATION TO LOS ANGELES FIRE DEPARTMENT -  
OPERATIONS CENTRAL BUREAU  
ATRS 19-10-0158

I was recently approached by a member of the Downtown Los Angeles community desiring to make an in-kind donation of gym equipment to the Los Angeles Fire Department, Operations Central Bureau (OCB). Margarita Alvarez is the Executive Director for the Central City Neighborhood Partners (CCNP), a non-profit organization. She can be contacted at (213) 923-3808. The CCNP will be disbanding a gym that was previously being used for the community. This request was unsolicited and was made as a kind gesture of appreciation to the local fire stations. The items being donated with the estimated value are listed below.

## Donated Items (All Used):

### Cardio Equipment

- Life Cycle Elliptical 9500HR (\$500)
- Life Cycle Stationary Bike (\$500)
- Cybex Arch Trainer (\$700)
- Flexdeck Treadmill (\$1000)

Free Weights – Various Dumbbells 25–95 lbs (\$15.00 each)

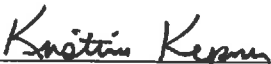
### Weight machines: Cybex

- Plate Loaded Advanced Shoulder (\$750.00)
- Olympic Decline Bench (\$700)
- Body Weight Leg Raise (\$400)
- Standard Bench Press (\$300)
- Incline Bench Press (\$100)

COMPANY/STATION/UNIT COMMANDER	DATE	EMS BATTALION CAPTAIN	DATE	BATTALION COMMANDER	DATE	DIVISION COMMANDER	DATE
BUREAU COMMANDER		DATE		EMERGENCY OPERATIONS COMMANDER		DATE	
10/18/19				10/23/19			

- Preacher Curl –Arm Press (\$200)
- Overhead Press (\$700)
- Lat Pull Down (\$700)
- Smith Press (\$900)
- Row/Rear Delt (\$800)
- Hip Abduction/Adduction (\$2,000)
- Seated Leg Curl (\$1,000)
- Leg Extension (\$500)
- Bicep/Arm Curl (\$600)
- Chest Press (\$700)
- Classic Tricep Dip Press (\$800)
- Back Extension (\$150.00)
- Body Weight Leg Raise (\$50)
- Seated Leg Press (\$750)
- Abdominal Crunch Machine (\$400)
- Cable Cross Over (\$700)
- Assisted Chin Up/Dip (\$900)
- Bent Leg Abdominal Board (\$400)

There was no expressed or implied commitment or promise made to Mrs. Alvarez in accepting this donation. This equipment will be cleaned and maintained at the individual station level, similar to other exercise equipment at the fire stations. If you have any questions, please contact Chief Kepner at Operations Central Bureau (213) 485-6291.

  
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Kristina Kepner, Assistant Chief  
Command 22, A Platoon