

June 5, 2018

LOS ANGELES FIRE DEPARTMENT



RALPH M. TERRAZAS
FIRE CHIEF

May 23, 2018

BOARD OF FIRE COMMISSIONERS
FILE NO. 18-057

TO: Board of Fire Commissioners

FROM:  Ralph M. Terrazas, Fire Chief

SUBJECT: REQUEST FOR ACCEPTANCE OF FIRE FOUNDATION FUNDS FOR
ROWING MACHINE FOR FIRE STATION 102

FINAL ACTION:	<input type="checkbox"/> Approved	<input type="checkbox"/> Approved w/Corrections	<input type="checkbox"/> Withdrawn
	<input type="checkbox"/> Denied	<input type="checkbox"/> Received & Filed	<input type="checkbox"/> Other

SUMMARY

The Los Angeles Fire Department (LAFD) is submitting a request for the acceptance of Los Angeles Fire Department Foundation funds to purchase a Concept 2 rowing machine for Fire Station 102. The attached estimate provides for one (1) Gray Concept 2 Model D Rower valued at \$900.00. This equipment satisfies the recommendation of all members to engage in 2 hours of cardiovascular exercise each week.

Submitted in accordance with the Los Angeles Administrative Code, Ordinance 155514, Article 12, Section 5.111.4(a), which provides for the receipt of gifts and bequests of personal property to be utilized by the Fire Department, not exceeding \$5,000.00 in market value shall be submitted to the Board of Fire Commissioners for acceptance or rejection.

RECOMMENDATIONS

That the Board:

Approve this report and accept the donation of Fire Foundation Funds for the item listed above, valued at \$900.00, to the LAFD.

FISCAL IMPACT

There is no fiscal impact to the Department's budget from the purchase of this equipment.

Board report prepared by Public Information Director Peter Sanders, Community Liaison Office.

Attachment



Los Angeles Fire Department Foundation
Grant Request Form

FOR FOUNDATION USE ONLY
Grant Number: _____

Approved _____

Denied _____

Date: 4/24/18

Amount Requested: \$900.00

Applicant Name: Brad Ibanez

Station/Unit & Shipping Address Fire Station 102, 13200 BURBANK BL, Los Angeles CA 90401

E-mail: Brad.Ibanez@LACITY.ORG

Phone: (818) 756-8602

Type of funding request (name of program or equipment):

Concept 2 Model D Rower

Provide a brief description and the need for the program/equipment/service (use attachment if needed):

See F-225

Is there a fiscal impact to approving this request? (Maintenance costs, monthly service cost, extra equipment or services etc.). Please describe:

N/A

Has this program/equipment/service previously been requested through the city budget? NO

If yes, list the most recent date of submission and the result:

If no, explain the reason why it was not submitted:

N/A

What objectives will be accomplished if the funding is granted?

Increased Cardiovascular strength for all members

REQUIRED:

Fire Station Commander's Signature

"A" Platoon

"B" Platoon

"C" Platoon

[Signature]
[Signature]
[Signature]

Please attach an itemized list for the expenses or a quote from the equipment manufacturer on the vendor's letterhead including model numbers and total units needed. Upon approval, the Foundation will pay the vendor directly.

Questions regarding Foundation procedures and funding guidelines can be directed to Bjorn Winberg at 310-552-4192.

You may submit your request by email to Bjorn@supportlafd.org.

Upon funding of request, applicants are required to 1) submit photo(s) of funded item(s) to Alex@supportlafd.org upon delivery to station/unit; 2) submit brief impact report 30 days after delivery to Diana@supportlafd.org; 3) submit LAFD F-225 through department channels.



GRAY CONCEPT 2 MODEL D ROWER - PM5

★★★★★ 5.0 239 Reviews [Write a review](#)

\$900.00

QTY 1

Availability: Available in US, CA, and APO addresses only. AK and HI included.

[Add to Cart](#)

[Add to Wishlist](#)

Sports & Outdoors

concept 2 black

Deliver to Scott Sherman

Departments

Your Pickup Location

Browsing History

EN

Hello, Scott

Account & Lists

Orders

Prime

2 Cart

Sports & Outdoors

Sports & Fitness

Outdoor Recreation

Sports Fan Shop

Sports Deals

Outdoor Deals

Hunting season starts here

Shop now

Back to search results for "concept 2 black"

VIDEO

Roll over image to zoom in

Concept2

Concept2 Model D with PM5 Performance Monitor Indoor Rower Rowing Machine Black or Gray

1,704 customer reviews

288 answered questions

Amazon's Choice for "concept 2 black"

Price: \$945.00

Item is eligible: No interest if paid in full within 12 months with the Amazon.com Store Card.

In Stock.

Want it Thursday, April 26? Order within 18 mins and choose Two-Day Shipping at checkout. Details

Ships from and sold by Amazon.com.

Color: Black

\$945.00

\$945.00

- Low impact workout that engages all major muscle groups; work legs, core and arms with a smooth, high calorie-burning motion
- Track your progress with real-time reliable data; the Performance Monitor 5 (included) self-calibrates for comparable results; connect wirelessly to heart rate belts and apps (not included)
- Designed to fit most users: 14-inch seat height, adjustable footrests and ergonomic handle
- Separates easily into two pieces for storage; caster wheels make it mobile; easy to assemble with only eight screws
- Space recommended for use is 9 x 4 feet; 500-pound user capacity; 5-year frame warranty included

New (2) from \$588.00 + \$4.49 shipping

Report incorrect product information.

Packaging may reveal contents and cannot be hidden.

Share

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Qty: 1

Add to Cart

Turn on 1-Click ordering for this browser

Deliver to Scott - Sherman Oaks 91401

Add to List

Add to your Dash Buttons

Other Sellers on Amazon

New (2) from \$588.00 + \$4.49 shipping

MaxiClimber

A workout that combines calorie burning and toning

MaxiClimber- The original patented Vertical Climber, "As Seen On TV" - Full-Body Workout

2,289

\$179.99 prime

Ad feedback

Order by noon, get FREE Same-Day Pickup

HCI FITNESS

Easy Set Up & Simple Storage

Shop now

AirFit Row Magi Com Rail

\$1,1

Ad feedback

Frequently bought together

Total price: \$1,019.98

Add all three to Cart

Add all three to List

https://www.amazon.com/Concept2-Performance-Monitor-Indoor-Machine/dp/B00NH9W... 4/24/2018

LOS ANGELES FIRE DEPARTMENT



RALPH M. TERRAZAS
FIRE CHIEF

April 24, 2018

TO: Deputy Chief Everett
Fire Chief's Office, THROUGH CHANNELS

FROM: Brad Ibanez, Captain I
Fire Station 102 "A"

SUBJECT: REQUEST TO USE FIRE STATION 102'S FIRE FOUNDATION FUNDS
ATRS# 18-05-0041

SUMMARY

Fire Station 102 has \$684 dollars in the Fire Foundation account set aside for the station. The members of Fire Station 102 have requested the use of the funds to purchase a Concept 2 rowing machine.

RECOMMENDATION


It is my recommendation that this request be approved as the addition of this machine will increase the cardiovascular strength for all members assigned to the station.





FINDINGS

As per MOPS 3/1-96.00 ATHLETIC ACTIVITIES, department members are recommended to engage in 2 hours of cardiovascular exercise each week. This equipment will allow our members to complete that task with a full body rowing workout.

CONCLUSION

The addition of this equipment will greatly benefit the station members as well as the department as it will allow for members to have adequate cardiovascular training.


Brad Ibanez, Captain I
Fire Station 102 "A"

COMPANY/STATION/UNIT COMMANDER	DATE	EMS BATTALION CAPTAIN	DATE	BATTALION COMMANDER	DATE	DIVISION COMMANDER	DATE
	4/24/18				5/1/18		
BUREAU COMMANDER	DATE	EMERGENCY OPERATIONS COMMANDER	DATE	ADMINISTRATIVE OPERATIONS COMMANDER	DATE		
	5/1/18		5/22/18				