



## DISASTER SUPPLY CHECKLIST

### Important Family Documents

- Identification: Driver's licenses, birth certificates, passports
- Medical information, insurance, loan documents

### First Aid Kit

- Bandages, gauze, wipes, rubber gloves,
- Rubbing alcohol and hydrogen peroxide
- Aspirin

### Tools

- Battery-operated AM/FM radio
- Flashlight, Extra batteries
- Wrench for turning off gas

### Supplies

- Cash (at least \$50-100 in small bills), an extra ATM and credit card
- At least a seven-day supply of prescribed medicines, and if possible, copies of prescriptions
- Soap, toilet paper and extra plastic bags
- One complete change of clothing and footwear per person
- Blankets or sleeping bags for each person
- Extra set of keys
- Feminine products

### Water and Food

- Water – 1 gallon / person / day (a week's supply of water is preferable; label with expiration date)
- Non-perishable food that does not require refrigeration, preparation/cooking, and little or no water
- Extra food, if you are required to have food with your medication

### Special Needs and Medical Concerns

If you have a disability or have limited mobility, make sure your emergency kit includes items specific to your needs and have a list of the following:

- Medical providers
- Medications and list of when you need to take them
- Adaptive equipment and/or body system support equipment you use
- Instructions on how to operate any special equipment

### For Baby / Children

- Formula, Bottles
- Diapers
- Medications

### For Pets

- Identification tags
- Extra food
- Clean-up supplies

For a listing of additional items visit [www.lacity.org/emd](http://www.lacity.org/emd)

