

We walk rain or shine!!

BEFORE THE WALK:

1. Ask your friends, relatives, co-workers, neighbors, EVERYBODY to sponsor you. Ask for donations based on your PARTICIPATION, not "per mile / kilometer." Ask for pay when they agree to sponsor. Checks are payable to CWS / CROP.
2. You can also receive sponsorship donations on-line by registering at:
www.cropwalk.org

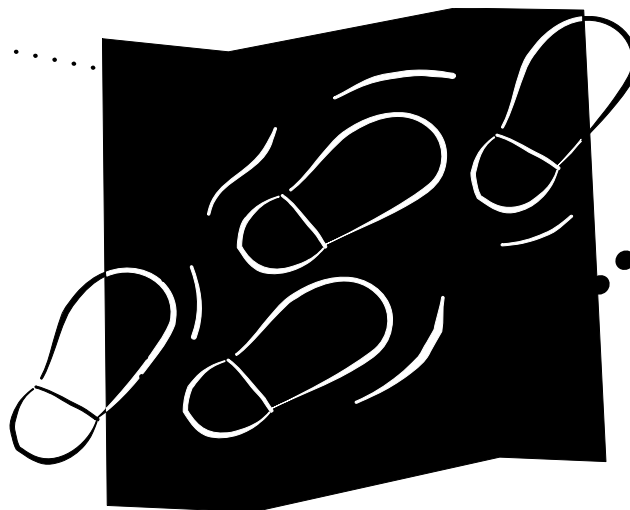
ON WALK DAY:

1. Bring your Walker Envelope with all collected donations to St. Paul's United Methodist Church at 12:30 p.m. If you have not collected all sponsor donations, bring the TOP Sheet or your Walker Envelope showing your total.

**For INFO: Call Carol Hiestand
at 818.886.5531**

www.vic-la.org

www.churchworldservice.com



Sponsored by:



CHURCH WORLD SERVICE



VIC

Your bridge to help

hunger hurts

**34th annual
san fernando valley
CROP
WALK**

**November 8, '09
Registration 12:30 pm
Kick-off 1:30 pm**

Walk AT:

**St. Paul's
United Methodist Church
5619 Lindley Ave., Tarzana, CA 91356**

FUN FOR THE WHOLE FAMILY!

CROP walk

- ◆ **10 K Fun Run**
- ◆ **5 K Walk**
- ◆ **Tot Walk**

Walkers with contributions of \$150 or more on Walk day receive a free gift!

Congregation, company, group or school raising the most money will win the

GOLDEN SNEAKER AWARD !!

YOU CAN MAKE A DIFFERENCE!

Feed the Hungry in Your Neighborhood:

25% of proceeds of the CROP WALK fund VIC's Meals on Wheels program and 17 local Food Pantries, helping San Fernando Valley citizens in desperate need of food assistance.

Provide National & International Disaster Relief:

75% of proceeds fund disaster and poverty relief both nationally and worldwide. Money raised by CROP Walkers has gone to aid victims of 9/11, hurricanes Katrina & Rita, and tsunamis and earthquakes in Indonesia & Southern Asia, among others.



*To those who have hunger, give bread.
To those who have bread,
give hunger for justice
- Latin American table prayer*

FUN FOR THE WHOLE FAMILY!

**Church World Service / CROP
2235 North Lake Ave., Ste. 210
Altadena, CA 91001**