



Special Training Series for “Family Caregivers” Those Caring for an Elderly Loved One

*Pre-Planning for Family Caregiving
Protecting yourself and your loved one*

Topics Covered:

- June 5, 2008 2:30 p.m. to 4:00 p.m. “How to Hire In Home Help” for your loved one
- June 19, 2008 2:30 p.m. to 4:00 p.m. “Advanced Directives and Making Important Health Decisions”
- July 10, 2008 2:30 p.m. to 4:00 p.m. “Preventing Falls and Accidents”
- July 24, 2008 2:30 p.m. to 4:00 p.m. “Talking to Your Elderly Loved One” before a Crisis

Each session will include time dedicated to support group discussion

Those completing the series will receive a Certificate

Location:

Woodland Hills Branch Library
22200 Ventura Blvd., Woodland Hills, CA 91364
To RSVP, please call Family Caregiver Registration Line at
(213) 252-3322

Must be a **Family Caregiver** – providing care for an older person (60 yrs and older) such as... parents, spouse, grandparents, sibling, neighbor, aunt/uncle, other relative, etc.

As a covered entity under Title II of the Americans with Disability Act, The City of Los Angeles does not discriminate on the basis of disability and with 72 hours notice, the City can provide auxiliary aids and/or services for this event.