



READY LA

DISASTER SUPPLY CHECKLIST

Important Family Documents

- Identification: Driver's licenses, birth certificates, passports
- Medical information, insurance, loan documents

First Aid Kit

- Bandages, gauze, wipes, rubber gloves,
- Rubbing alcohol and hydrogen peroxide
- Aspirin

Tools

- Battery-operated AM/FM radio
- Flashlight, Extra batteries
- Wrench for turning off gas

Supplies

- Cash (at least \$50-100 in small bills), an extra ATM and credit card
- At least a seven-day supply of prescribed medicines, and if possible, copies of prescriptions
- Soap, toilet paper and extra plastic bags
- One complete change of clothing and footwear per person
- Blankets or sleeping bags for each person
- Extra set of keys
- Feminine products

Water and Food

- Water – 1 gallon / person / day (a week's supply of water is preferable; label with expiration date)
- Non-perishable food that does not require refrigeration, preparation/cooking, and little or no water
- Extra food, if you are required to have food with your medication

Special Needs and Medical Concerns

If you have a disability or have limited mobility, make sure your emergency kit includes items specific to your needs and have a list of the following:

- Medical providers
- Medications and list of when you need to take them
- Adaptive equipment and/or body system support equipment you use
- Instructions on how to operate any special equipment

For Baby / Children

For Pets

- | | |
|---|--|
| <input type="checkbox"/> Formula, Bottles | <input type="checkbox"/> Identification tags |
| <input type="checkbox"/> Diapers | <input type="checkbox"/> Extra food |
| <input type="checkbox"/> Medications | <input type="checkbox"/> Clean-up supplies |

For a listing of additional items visit www.lacity.org/epd

