



**NATIONAL  
HEALTH  
FOUNDATION**

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## MISSION

To improve the health of under-resourced communities

## VISION

That all people, regardless of who they are or where they live, can achieve their highest level of health.



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HEALTH  
FOUNDATION**



EST.  
**1973**



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HEALTH  
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Community Health Initiatives  
since **2012**

Operating Recuperative  
Care programs since

**2010**



# COMMUNITY INITIATIVES



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**Youth Engagement &  
Empowerment**



**Community-led  
Built Environment  
Improvements**



**Food Access  
Initiatives  
& Nutrition Programs**



We build **coalitions** and **community leader groups** to ground our work in lived-experience, being led by those most impacted.

## Pico-Union

- 40 Pico-Union residents and organizations
- In its 5th year of organizing/operating
- Success highlights:
  - 5-year Street Improvement and Beautification plan with LA DPW
  - Established community garden
  - Annual calendar of events that support resource infusion: health fairs, vaccine clinics & food distributions

## South LA

- 140+ youth engaged
- 7 years of organizing/operating
- Success highlights:
  - 16 "Market Makeovers"
  - 3 Share Tables implemented with a state-wide guide for CDPH funded partners
  - Helped establish Park Equity Alliance and secure millions of dollars for park poor neighborhoods in LA

# NHF's CalFresh Connection

Purpose: tackle food insecurity among under-resourced communities in Los Angeles by connecting households to CalFresh benefits and strengthening their access to affordable, healthy food.

## How

NHF trains and hires local Promotores de Salud to engage with targeted communities across LA City and County through community events, workshops and presentations; then schedules appointments with interested participants to assist them through the CalFresh application.

Depending on the level of need, NHF's Promotores will help clients prep application materials, fill out the application, and/or monitor their status and approval process.

If approved, NHF Promotores will then provide 6 months of case management to ensure clients understand how to use their new benefit and troubleshoot any issues between the client and DPSS.

# *Promotores de Salud*

Proven by research and program outcomes!

Seven Core roles and responsibilities!

Model and core activities!



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# ***2023 Program outcomes because of Promotores!***

**2000+ application and program referrals!**

**313 households provided with 6-months of case management.**

**\$537,000 cash infused in the community via CalFresh EBT cards.**

**Significant drop in Hunger Vital Sign Scores!**







# Q & A



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