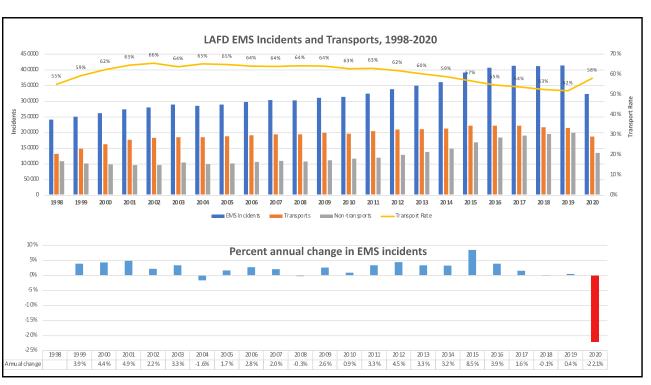
## **Emergency Medical Services Update**

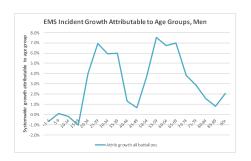
September 13, 2021

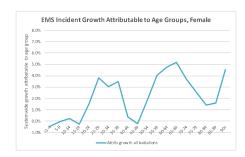
Stephen Sanko, MD, FACEP, FAEMS
Interim Medical Director, Los Angeles Fire Department
Assistant Professor of Clinical Emergency Medicine, Keck School of Medicine

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### Accelerating use of 911





		All Battalions				
	2012	2016	Abs Diff	Rel change	Attrib Growth	
Anxiety	4132	5807	1675	40.5%	12.6%	
Behavioral Disorder	1851	2872	1021	55.2%	7.7%	
Poisoning	519	1372	853	164.4%	6.4%	
Psychiatric Emerg.	604	1568	964	159.6%	7.3%	
Trauma Injury	9572	12919	3347	35.0%	25.3%	
Unknown Medical	2629	3348	719	27.3%	5.4%	
Weakness	1211	2241	1030	85.1%	7.8%	
	45985	59234	13249	28.8%	100.0%	

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### Underlying drivers of 911-use

- Increased economic disparity
- Decreased access to primary/preventative care
  - Fewer clinics in socioeconomically marginalized areas, relatively more expensive
  - Transportation barriers
  - Delaying care
  - Delaying filling prescriptions
- Poor coping
- Decreased access to mental health services
- Food scarcity

#### Take home points

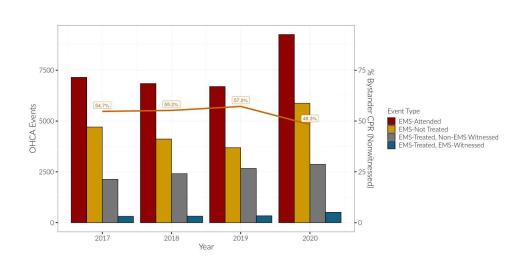
- Prior to COVID, use of 911-accelerating
  - Angelinos using 911 in new, different ways
  - Disproportionate growth in select battalions
  - Select age groups with accelerating use
  - Etiologies:
    - Substance use disorder
    - · Mental health exacerbations
    - · Minor traumatic injuries

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#### First year of COVID

- 20% decrease in EMS incidents
- Persistent case counts for substance use disorder and mental health
- Increased prevalence of high-acuity calls
- Increase in out-of-hospital cardiac arrest, esp. among:
  - Patients beyond hope of resuscitation ("EMS Not-treated")
  - People experiencing homeless (PEH)





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#### Cardiac Arrest: Disproportionate impact on homeless

#### CY2019 vs CY2020:

- 16% increase in people experiencing homelessness
- EMS-treated cardiac arrest:

Non-homeless: +16% Homeless: +28%

• EMS-not treated cardiac arrest:

Non-homeless: +55% Homeless: +205%

## New reality

- Back to pre-2020 EMS incident/transport volumes
- Higher prevalence of highest-acuity incident types
  - Cardiac arrest
  - · Penetrating trauma
  - Novel opioid and mixed intoxications
- Increased hospital occupancy -> Increased wall times
- Challenges to prehospital provider resilience

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## Impact of COVID on LAFD personnel

• As of 9/9/21:

<ul><li>Covid infections:</li></ul>	1070
<ul> <li>Recovered and returned to work:</li> </ul>	1051
• Currently on medical leave (COVID):	9
<ul> <li>Currently in isolation (COVID):</li> </ul>	8
<ul> <li>Currently hospitalized:</li> </ul>	0
• Deceased:	2

## Impact of COVID on LAFD personnel

- As of 9/7/21:
  - Fully vaccinated: 58.76% (1971/3354)
  - Approx. number receiving at least first dose: 65.47% (2196/3354)

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Moving forward

#### Provide outstanding EMS care

- Organized updates to home-grown Los Angeles Tiered Dispatch System
- Successful implementation of new electronic health record
- Re-enforcement/Translation of evidence-based care in time-critical emergencies
- Acceptable and proactive education
- Just culture approach to case review
- Better dissemination of saves, lessons learned from significant events

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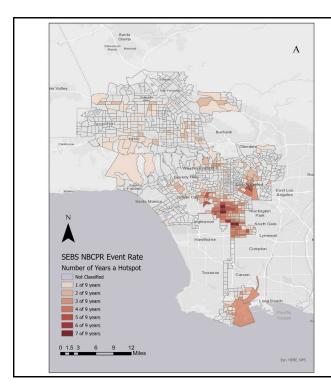
#### MIH 2.0

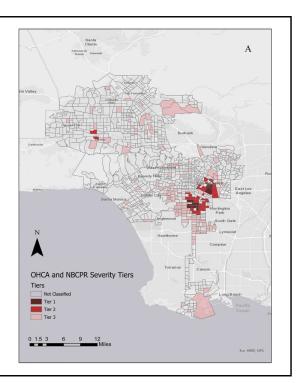
- Re-enforce and expand mobile-integrated healthcare (MIH)
- Pivot toward telemedicine
  - Enhance on-scene decision-making
  - Increase patient navigation activities
    - HIE (LANES)
    - Collaboration with community clinics
    - Medication assisted treatment
    - · Incorporation of patient navigator
- Sustainability: new contracts with public/private payors for MIH
- Promote creation of crisis stabilization center(s) and sobering center in Valley

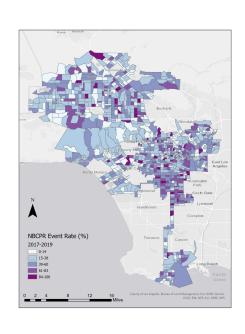
## **Community Risk Reduction**

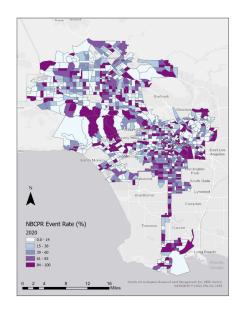
- EMS Bureau Internal/External websites
- Sharing of geo-location information for intervenable events

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## **Community Risk Reduction**

- EMS Bureau Internal/External websites
- Sharing of geo-location information for intervenable events
- Social worker for referral of select high-utilizers
- Join DHS Impatient Resuscitation effort for Survivors network

LAFD is a [BIG] health agency

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# Recommendations for Commissioners & Policy-makers

- Continued managerial development of EMS bureau
  - Deputy Chief to oversee EMS Bureau
  - Additional Battalion Chief to oversee Dispatch Medicine and MIH
  - Additional Captain for Project Management, Website communication
- Building modern medical leadership
  - Additional physicians in alignment with other cities
  - Competitive compensation for clinicians
- Growth in alternative resources
  - Fast Response Vehicles
  - Advanced Practice Response Units

# Recommendations for Commissioners & Policy-makers

- Continuation of City Innovation Fund
  - Needs assessment for social worker to oversee referral of select high-utilizers
  - Patient navigator(s)
  - Advanced training for care for seniors, people experiencing homelessness, AMAs
  - Geo-location by census tract areas of high impact public health targets
    - Bystander CPR
    - · Opioid intoxications
    - · Asthma exacerbations
    - Gun violence

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#### Questions?

Stephen Sanko, MD stephen.sanko@lacity.org