



## IMPACT OF REMOTE LEARNING

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### A Year of Remote Learning fo Los Angeles Children

- Limited objective information about overall impact of transition of school to on-line
- Issues include
  - Learning loss
  - Increased exposure to Adverse Childhood Events
  - Loss of social/emotional supports
  - Mental health impacts of the pandemic
  - Reduced attachment to school, increased risk of poor attendance, drop-out



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## An International Case



The 2014 Ebola epidemic led to school closing for 9 months in Sierra Leone, Guinea and Liberia

- Increased physical and sexual abuse
- Increased teen pregnancy
- Many children never returned when school reopened
- Girls disproportionately impacted

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## A Story of Disparity

### Ethan

- Reliable internet and his own laptop
- Parents form a pandemic pod and hire a nanny to oversee online learning
- Access to outdoor space for active play daily
- Able to participate in art class outside of school
- Family maintains safety and financial security

### Edward

- School chromebook and unreliable internet access
- Mother continues working at grocery store, father lost his job in April and stopped child support
- Lives with 2 brothers, aunt and 3 cousins in 2 bedroom apartment
- No access to outdoor space, and family is afraid to let children leave home
- Safety and financial security in jeopardy

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## Disparity in Impact for Children

- Children in marginalized communities who carry an additional stress burden of racism and discrimination
- Children with special education needs that have not received what they would have in school
- Children exposed to maltreatment who have not had a safe place to go or someone to identify and address the abuse
- Children who live in poverty and rely on school nutrition and enrichment programs
- Bereaved children who lost a loved one to COVID

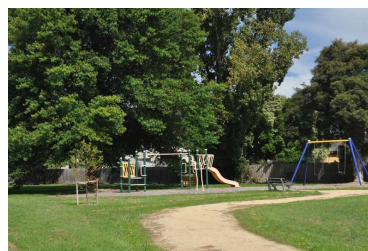
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## Aren't Children Resilient?

### Resilience comes from

- Community factors
  - Safe neighborhoods
  - Good schools
  - Access to parks, recreation activities
  - Supportive, nurturing relationships
  - Access to health and mental health care, healthy food, etc.
- Family factors
  - Supportive nurturing relationships
  - Routines and rituals
  - Hope, faith, optimism
  - Skilled parenting
  - Problem solving skills
- Individual child factors
  - A sense of self-efficacy and perceived control
  - Opportunities to strengthen adaptive skills
  - Adaptable temperament
  - Cognitive resources



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## What Children Will Need

- Additional educational support to make up for learning losses
- Opportunities for social skills development (picking up lost skills and continuing to grow)
- Trauma-informed environments that recognize and respond to the impacts of the pandemic on children's well-being
- Access to primary *and* specialty mental health support